

Alameda, CA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:54	6.3	9:03	4.7			1:40	0.1	6:39	6:03	
2	Mon	7:07	6.5	9:48	5.1	1:22	3.5	2:40	-0.4	6:38	6:04	
3	Tue	8:15	6.8	10:27	5.4	2:28	3.1	3:31	-0.9	6:36	6:05	
4	Wed	9:16	7.0	11:03	5.7	3:24	2.6	4:16	-1.1	6:35	6:06	
5	Thu	10:13	7.2	11:38	6.1	4:16	1.9	4:58	-1.1	6:33	6:07	
6	Fri	11:08	7.1			5:06	1.3	5:38	-0.9	6:32	6:08	
7	Sat	12:12	6.4	12:02	6.9	5:55	0.7	6:17	-0.5	6:30	6:09	
8	Sun	12:46	6.7	1:58	6.4	7:46	0.3	7:55	0.2	7:29	7:09	
9	Mon	2:21	6.9	2:56	5.9	8:37	0.0	8:35	0.9	7:27	7:10	
10	Tue	2:57	7.0	3:59	5.3	9:31	-0.1	9:17	1.7	7:26	7:11	
11	Wed	3:36	6.9	5:11	4.9	10:31	-0.1	10:07	2.5	7:24	7:12	
12	Thu	4:21	6.6	6:34	4.6	11:38	0.1	11:11	3.1	7:23	7:13	
13	Fri	5:15	6.3	8:01	4.7			12:52	0.2	7:22	7:14	
14	Sat	6:22	6.0	9:13	4.9	12:34	3.4	2:06	0.2	7:20	7:15	
15	Sun	7:37	5.8	10:07	5.2	1:57	3.3	3:10	0.1	7:19	7:16	
16	Mon	8:46	5.8	10:49	5.4	3:06	3.0	4:01	0.0	7:17	7:17	
17	Tue	9:44	5.8	11:23	5.5	4:01	2.6	4:43	-0.1	7:15	7:18	
18	Wed	10:34	5.9	11:54	5.6	4:46	2.2	5:19	0.0	7:14	7:19	
19	Thu	11:18	5.8			5:26	1.8	5:49	0.1	7:12	7:20	
20	Fri	12:21	5.7	11:59 AM	5.8	6:03	1.4	6:17	0.4	7:11	7:21	
21	Sat	12:44	5.8	12:39	5.6	6:38	1.1	6:43	0.7	7:09	7:22	
22	Sun	1:05	5.9	1:19	5.4	7:10	0.9	7:08	1.1	7:08	7:23	
23	Mon	1:26	6.0	2:01	5.2	7:42	0.6	7:34	1.5	7:06	7:24	
24	Tue	1:46	6.2	2:45	5.0	8:13	0.4	8:01	2.0	7:05	7:25	
25	Wed	2:11	6.3	3:36	4.7	8:49	0.3	8:31	2.4	7:03	7:26	
26	Thu	2:40	6.3	4:38	4.5	9:31	0.2	9:08	2.9	7:02	7:26	
27	Fri	3:18	6.3	5:57	4.3	10:23	0.2	9:58	3.3	7:00	7:27	
28	Sat	4:07	6.2	7:22	4.4	11:31	0.2	11:16	3.6	6:59	7:28	
29	Sun	5:10	6.0	8:33	4.6			12:49	0.1	6:57	7:29	
30	Mon	6:29	5.9	9:25	4.9	12:54	3.5	2:03	-0.2	6:56	7:30	
31	Tue	7:50	6.0	10:07	5.3	2:15	3.1	3:04	-0.4	6:54	7:31	