US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1704

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:30	5.6	7:15	3.8			1:09	1.3	7:33	5:08	
2	Wed	7:11	6.0	8:39	4.0	12:23	1.9	2:02	0.5	7:33	5:09	
3	Thu	7:53	6.4	9:50	4.4	1:20	2.3	2:52	-0.3	7:33	5:10	
4	Fri	8:38	6.7	10:49	4.7	2:16	2.6	3:40	-0.9	7:33	5:11	
5	Sat	9:25	7.0	11:42	5.0	3:10	2.8	4:28	-1.4	7:33	5:11	
6	Sun	10:14	7.2			4:04	2.9	5:16	-1.7	7:33	5:12	
7	Mon	12:31	5.1	11:05 AM	7.2	4:58	2.9	6:04	-1.8	7:33	5:13	
8	Tue	1:18	5.2	11:56 AM	7.0	5:53	2.8	6:52	-1.6	7:33	5:14	
9	Wed	2:04	5.3	12:49	6.6	6:50	2.7	7:39	-1.3	7:33	5:15	
10	Thu	2:50	5.4	1:44	6.0	7:52	2.5	8:27	-0.8	7:33	5:16	
11	Fri	3:36	5.5	2:44	5.4	9:01	2.4	9:15	-0.1	7:32	5:17	
12	Sat	4:22	5.6	3:52	4.7	10:15	2.1	10:06	0.6	7:32	5:18	
13	Sun	5:09	5.6	5:13	4.1	11:32	1.7	11:00	1.3	7:32	5:19	
14	Mon	5:56	5.7	6:48	3.8			12:44	1.3	7:32	5:20	
15	Tue	6:42	5.8	8:18	3.9			1:46	0.8	7:31	5:21	
16	Wed	7:26	5.9	9:31	4.2	12:57	2.4	2:39	0.4	7:31	5:22	
17	Thu	8:08	6.0	10:27	4.4	1:55	2.8	3:23	0.0	7:31	5:23	
18	Fri	8:48	6.0	11:12	4.6	2:47	3.0	4:02	-0.2	7:30	5:24	
19	Sat	9:26	6.1	11:51	4.7	3:34	3.1	4:38	-0.4	7:30	5:25	
20	Sun	10:03	6.1			4:15	3.1	5:11	-0.5	7:29	5:26	
21	Mon	12:25	4.8	10:40 AM	6.1	4:53	3.1	5:43	-0.5	7:29	5:27	
22	Tue	12:56	4.8	11:17 AM	6.0	5:29	3.0	6:14	-0.5	7:28	5:28	
23	Wed	1:26	4.8	11:53 AM	5.9	6:05	2.9	6:44	-0.5	7:28	5:29	
24	Thu	1:55	4.8	12:30	5.7	6:42	2.8	7:15	-0.3	7:27	5:31	
25	Fri	2:25	4.9	1:09	5.4	7:23	2.7	7:48	-0.1	7:27	5:32	
26	Sat	2:56	5.0	1:52	5.0	8:10	2.5	8:22	0.3	7:26	5:33	
27	Sun	3:29	5.1	2:45	4.5	9:05	2.3	9:01	0.8	7:25	5:34	
28	Mon	4:06	5.3	3:55	4.1	10:09	1.9	9:45	1.4	7:25	5:35	
29	Tue	4:46	5.5	5:29	3.7	11:20	1.5	10:39	2.0	7:24	5:36	
30	Wed	5:33	5.7	7:15	3.7			12:31	0.9	7:23	5:37	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	**6:25**	6.0	**8:44**	4.0			**1:35**	0.2	7:22	5:38	