US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1704

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**6:59**	6.0	**9:35**	4.6	**12:51**	3.1	**2:13**	-0.5	6:47	6:10	
2	Sun	**8:05**	6.2	**10:19**	4.9	**2:03**	2.9	**3:08**	-0.9	6:46	6:11	
3	Mon	**9:05**	6.4	**10:58**	5.1	**3:03**	2.5	**3:57**	-1.1	6:45	6:12	
4	Tue	**10:01**	6.5	**11:35**	5.3	**3:57**	2.1	**4:42**	-1.1	6:43	6:13	
5	Wed	**10:54**	6.4			**4:47**	1.7	**5:23**	-0.9	6:42	6:14	
6	Thu	**12:11**	5.5	**11:46 AM**	6.1	**5:36**	1.3	**6:03**	-0.5	6:40	6:15	
7	Fri	**12:46**	5.6	**12:37**	5.7	**6:24**	0.9	**6:42**	0.0	6:39	6:16	
8	Sat	**1:19**	5.7	**1:29**	5.2	**7:13**	0.7	**7:20**	0.6	6:37	6:17	
9	Sun	**1:53**	5.7	**2:24**	4.7	**8:03**	0.6	**8:00**	1.3	6:36	6:18	
10	Mon	**2:28**	5.6	**3:28**	4.2	**8:56**	0.6	**8:43**	2.0	6:34	6:19	
11	Tue	**3:05**	5.4	**4:47**	3.9	**9:54**	0.7	**9:36**	2.6	6:33	6:20	
12	Wed	**3:48**	5.2	**6:25**	3.9	**11:01**	0.7	**10:48**	3.0	6:31	6:21	
13	Thu	**4:40**	5.1	**7:54**	4.0			**12:12**	0.7	6:30	6:22	
14	Fri	**5:43**	5.0	**8:53**	4.3	**12:13**	3.2	**1:17**	0.5	6:28	6:23	
15	Sat	**6:49**	5.0	**9:35**	4.5	**1:25**	3.1	**2:12**	0.3	6:27	6:24	
16	Sun	**7:49**	5.1	**10:07**	4.6	**2:20**	2.9	**2:58**	0.2	6:25	6:25	
17	Mon	**8:41**	5.2	**10:35**	4.7	**3:05**	2.6	**3:36**	0.0	6:24	6:26	
18	Tue	**9:27**	5.4	**11:00**	4.8	**3:43**	2.3	**4:09**	-0.1	6:22	6:27	
19	Wed	**10:10**	5.4	**11:24**	5.0	**4:18**	1.9	**4:39**	0.0	6:21	6:27	
20	Thu	**10:52**	5.4	**11:49**	5.1	**4:51**	1.6	**5:09**	0.1	6:19	6:28	
21	Fri	**11:34**	5.3			**5:25**	1.2	**5:38**	0.3	6:18	6:29	
22	Sat	**12:15**	5.3	**12:18**	5.1	**6:01**	0.8	**6:09**	0.6	6:16	6:30	
23	Sun	**12:42**	5.5	**1:06**	4.9	**6:40**	0.5	**6:42**	1.1	6:15	6:31	
24	Mon	**1:11**	5.6	**1:59**	4.6	**7:24**	0.2	**7:17**	1.6	6:13	6:32	
25	Tue	**1:44**	5.7	**3:02**	4.3	**8:13**	0.0	**7:58**	2.2	6:11	6:33	
26	Wed	**2:23**	5.7	**4:20**	4.0	**9:11**	-0.1	**8:49**	2.7	6:10	6:34	
27	Thu	**3:12**	5.6	**5:51**	4.0	**10:18**	-0.1	**10:01**	3.1	6:08	6:35	
28	Fri	**4:14**	5.5	**7:17**	4.2	**11:33**	-0.2	**11:35**	3.2	6:07	6:36	
29	Sat	**5:30**	5.5	**8:20**	4.5			**12:46**	-0.4	6:05	6:37	
30	Sun	**6:47**	5.5	**9:07**	4.8	**1:01**	2.9	**1:50**	-0.5	6:04	6:37	
31	Mon	**7:58**	5.6	**9:46**	5.1	**2:09**	2.4	**2:44**	-0.6	6:02	6:38	