US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1708

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:13	4.6	4:49	-0.6	4:16	3.4	4:57	7:42	
2	Mon			12:51	4.6	5:24	-0.6	4:57	3.4	4:58	7:42	
3	Tue			1:25	4.6	5:58	-0.7	5:36	3.4	4:58	7:42	
4	Wed			1:57	4.6	6:31	-0.6	6:14	3.3	4:59	7:41	
5	Thu			2:27	4.6	7:04	-0.6	6:55	3.2	4:59	7:41	
6	Fri	12:37	5.6	2:56	4.7	7:37	-0.4	7:40	3.1	5:00	7:41	
7	Sat	1:17	5.3	3:26	4.8	8:10	-0.2	8:32	2.9	5:00	7:41	
8	Sun	2:01	4.9	3:58	5.0	8:44	0.2	9:31	2.6	5:01	7:40	
9	Mon	2:55	4.4	4:31	5.3	9:21	0.7	10:37	2.2	5:01	7:40	
10	Tue	4:04	4.0	5:06	5.5	10:03	1.3	11:44	1.6	5:02	7:40	
11	Wed	5:36	3.6	5:46	5.8	10:50	1.9			5:03	7:39	
12	Thu	7:20	3.6	6:29	6.2	12:47	1.0	11:46 AM	2.5	5:03	7:39	
13	Fri	8:52	3.9	7:18	6.5	1:45	0.2	12:48	2.9	5:04	7:39	
14	Sat	10:02	4.2	8:10	6.8	2:39	-0.4	1:51	3.2	5:05	7:38	
15	Sun	10:57	4.6	9:04	7.1	3:31	-1.0	2:52	3.3	5:06	7:38	
16	Mon	11:44	4.8	9:59	7.2	4:22	-1.4	3:50	3.2	5:06	7:37	
17	Tue			12:28	5.0	5:11	-1.6	4:47	3.0	5:07	7:36	
18	Wed			1:10	5.1	5:58	-1.6	5:44	2.7	5:08	7:36	
19	Thu			1:51	5.3	6:44	-1.4	6:42	2.5	5:08	7:35	
20	Fri	12:41	6.5	2:31	5.5	7:28	-1.0	7:44	2.2	5:09	7:35	
21	Sat	1:37	5.9	3:11	5.6	8:11	-0.4	8:49	1.9	5:10	7:34	
22	Sun	2:37	5.2	3:52	5.8	8:54	0.3	9:59	1.7	5:11	7:33	
23	Mon	3:45	4.5	4:34	5.9	9:39	1.1	11:11	1.3	5:12	7:33	
24	Tue	5:09	3.9	5:18	5.9	10:28	1.9			5:12	7:32	
25	Wed	6:52	3.8	6:04	6.0	12:22	1.0	11:26 AM	2.6	5:13	7:31	
26	Thu	8:29	3.9	6:52	6.0	1:26	0.6	12:33	3.1	5:14	7:30	
27	Fri	9:40	4.3	7:41	6.0	2:21	0.3	1:38	3.4	5:15	7:29	
28	Sat	10:31	4.5	8:27	6.1	3:09	0.0	2:35	3.4	5:16	7:28	
29	Sun	11:12	4.6	9:11	6.1	3:51	-0.1	3:24	3.4	5:17	7:28	
30	Mon	11:46	4.7	9:52	6.1	4:29	-0.3	4:05	3.3	5:17	7:27	
31	Tue			12:16	4.7	5:03	-0.4	4:43	3.2	5:18	7:26	