US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1712

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:27	5.9	8:23	4.2			12:53	-0.2	6:47	6:10	
2	Wed	6:41	5.9	9:14	4.6	12:37	3.1	1:58	-0.4	6:46	6:11	
3	Thu	7:51	6.0	9:56	4.9	1:53	2.8	2:52	-0.6	6:44	6:12	
4	Fri	8:53	6.1	10:32	5.2	2:54	2.3	3:38	-0.6	6:43	6:13	
5	Sat	9:49	6.0	11:06	5.4	3:46	1.8	4:19	-0.5	6:42	6:14	
6	Sun	10:40	5.9	11:38	5.6	4:34	1.3	4:57	-0.3	6:40	6:15	
7	Mon	11:29	5.6			5:19	1.0	5:32	0.1	6:39	6:16	
8	Tue	12:08	5.7	12:17	5.3	6:02	0.7	6:06	0.6	6:37	6:17	
9	Wed	12:37	5.7	1:05	4.9	6:43	0.5	6:40	1.1	6:36	6:18	
10	Thu	1:06	5.7	1:55	4.5	7:25	0.4	7:14	1.7	6:34	6:19	
11	Fri	1:35	5.6	2:50	4.2	8:09	0.5	7:51	2.2	6:33	6:20	
12	Sat	2:07	5.5	3:55	3.9	8:57	0.6	8:32	2.7	6:31	6:21	
13	Sun	2:45	5.3	5:20	3.7	9:54	0.7	9:27	3.1	6:30	6:22	
14	Mon	3:32	5.1	6:57	3.7	11:02	0.7	10:49	3.3	6:28	6:23	
15	Tue	4:32	5.0	8:06	3.9			12:13	0.7	6:27	6:24	
16	Wed	5:42	4.9	8:48	4.1	12:18	3.2	1:16	0.5	6:25	6:25	
17	Thu	6:50	5.0	9:19	4.3	1:24	3.0	2:06	0.3	6:24	6:26	
18	Fri	7:50	5.1	9:46	4.6	2:15	2.6	2:47	0.2	6:22	6:27	
19	Sat	8:44	5.2	10:11	4.8	2:58	2.2	3:22	0.1	6:21	6:28	
20	Sun	9:34	5.3	10:36	5.1	3:37	1.7	3:55	0.1	6:19	6:28	
21	Mon	10:22	5.3	11:03	5.4	4:14	1.2	4:27	0.3	6:17	6:29	
22	Tue	11:11	5.3	11:31	5.7	4:53	0.7	5:00	0.6	6:16	6:30	
23	Wed			12:01	5.2	5:33	0.2	5:35	1.0	6:14	6:31	
24	Thu	12:01	5.9	12:54	5.0	6:16	-0.3	6:11	1.4	6:13	6:32	
25	Fri	12:35	6.1	1:51	4.7	7:03	-0.5	6:51	1.9	6:11	6:33	
26	Sat	1:13	6.2	2:55	4.4	7:55	-0.6	7:36	2.4	6:10	6:34	
27	Sun	1:58	6.1	4:09	4.2	8:53	-0.6	8:31	2.8	6:08	6:35	
28	Mon	2:52	5.9	5:32	4.1	10:00	-0.4	9:47	3.0	6:07	6:36	
29	Tue	3:57	5.7	6:50	4.3	11:14	-0.3	11:23	3.0	6:05	6:37	
30	Wed	5:14	5.4	7:50	4.5			12:27	-0.3	6:04	6:38	
31	Thu	6:33	5.3	8:37	4.9	12:49	2.6	1:30	-0.2	6:02	6:38	