US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1719

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			1:12	5.2	6:11	-0.4	6:15	2.5	5:19	7:25	
2	Wed	12:11	5.9	1:46	5.2	6:46	-0.2	6:58	2.4	5:19	7:24	
3	Thu	12:51	5.6	2:18	5.2	7:21	0.1	7:43	2.3	5:20	7:23	
4	Fri	1:33	5.2	2:50	5.2	7:56	0.5	8:31	2.3	5:21	7:22	
5	Sat	2:18	4.8	3:24	5.2	8:32	1.0	9:25	2.2	5:22	7:21	
6	Sun	3:10	4.3	4:01	5.3	9:12	1.5	10:27	2.0	5:23	7:20	
7	Mon	4:17	4.0	4:43	5.3	9:57	2.0	11:33	1.8	5:24	7:19	
8	Tue	5:41	3.7	5:30	5.5	10:52	2.4			5:25	7:18	
9	Wed	7:13	3.8	6:20	5.6	12:37	1.4	11:56 AM	2.7	5:25	7:17	
10	Thu	8:28	4.0	7:11	5.8	1:33	1.0	12:58	2.9	5:26	7:16	
11	Fri	9:23	4.3	8:01	6.1	2:21	0.6	1:54	2.9	5:27	7:15	
12	Sat	10:08	4.6	8:49	6.3	3:04	0.1	2:44	2.8	5:28	7:13	
13	Sun	10:48	4.8	9:37	6.5	3:45	-0.2	3:30	2.6	5:29	7:12	
14	Mon	11:25	5.1	10:24	6.6	4:25	-0.5	4:16	2.4	5:30	7:11	
15	Tue			12:02	5.3	5:05	-0.7	5:02	2.1	5:31	7:10	
16	Wed			12:40	5.5	5:45	-0.7	5:50	1.8	5:32	7:09	
17	Thu	12:02	6.5	1:18	5.7	6:27	-0.5	6:42	1.5	5:32	7:07	
18	Fri	12:55	6.1	1:58	5.9	7:09	-0.1	7:37	1.3	5:33	7:06	
19	Sat	1:51	5.7	2:41	6.0	7:53	0.4	8:38	1.1	5:34	7:05	
20	Sun	2:54	5.2	3:28	6.1	8:42	1.0	9:46	1.0	5:35	7:03	
21	Mon	4:08	4.7	4:20	6.2	9:37	1.7	11:00	0.8	5:36	7:02	
22	Tue	5:34	4.4	5:17	6.2	10:42	2.2			5:37	7:01	
23	Wed	7:04	4.4	6:18	6.2	12:15	0.6	11:56 AM	2.6	5:38	6:59	
24	Thu	8:20	4.6	7:19	6.2	1:22	0.3	1:09	2.7	5:39	6:58	
25	Fri	9:20	4.9	8:16	6.3	2:21	0.1	2:12	2.6	5:39	6:57	
26	Sat	10:08	5.1	9:08	6.3	3:11	-0.1	3:06	2.5	5:40	6:55	
27	Sun	10:49	5.2	9:55	6.2	3:55	-0.2	3:54	2.3	5:41	6:54	
28	Mon	11:26	5.3	10:38	6.1	4:33	-0.1	4:36	2.2	5:42	6:52	
29	Tue	11:58	5.3	11:19	5.9	5:09	0.0	5:16	2.0	5:43	6:51	
30	Wed			12:28	5.3	5:42	0.2	5:53	1.9	5:44	6:49	
31	Thu			12:55	5.3	6:14	0.5	6:30	1.8	5:45	6:48	