US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1726

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			2:07	5.0	6:48	-1.8	6:35	2.9	4:57	7:42	
2	Tue	12:35	6.7	2:52	5.2	7:36	-1.5	7:39	2.7	4:57	7:42	
3	Wed	1:31	6.2	3:36	5.3	8:24	-1.1	8:49	2.5	4:58	7:42	
4	Thu	2:31	5.5	4:21	5.5	9:11	-0.4	10:05	2.1	4:58	7:41	
5	Fri	3:39	4.8	5:05	5.7	10:00	0.3	11:22	1.6	4:59	7:41	
6	Sat	4:59	4.2	5:50	5.9	10:50	1.1			5:00	7:41	
7	Sun	6:33	3.8	6:34	6.1	12:33	1.1	11:44 AM	1.8	5:00	7:41	
8	Mon	8:08	3.8	7:17	6.2	1:37	0.6	12:41	2.4	5:01	7:41	
9	Tue	9:28	4.1	8:00	6.2	2:32	0.1	1:39	2.9	5:01	7:40	
10	Wed	10:30	4.3	8:41	6.2	3:19	-0.2	2:34	3.2	5:02	7:40	
11	Thu	11:20	4.5	9:21	6.2	4:01	-0.4	3:24	3.4	5:03	7:40	
12	Fri			12:02	4.7	4:40	-0.5	4:10	3.4	5:03	7:39	
13	Sat			12:39	4.7	5:16	-0.6	4:51	3.4	5:04	7:39	
14	Sun			1:12	4.7	5:50	-0.6	5:29	3.3	5:05	7:38	
15	Mon			1:41	4.7	6:22	-0.6	6:07	3.2	5:05	7:38	
16	Tue			2:09	4.7	6:54	-0.5	6:46	3.1	5:06	7:37	
17	Wed	12:30	5.7	2:37	4.8	7:24	-0.3	7:29	2.9	5:07	7:37	
18	Thu	1:09	5.3	3:05	4.9	7:56	0.0	8:17	2.8	5:08	7:36	
19	Fri	1:52	4.9	3:35	5.1	8:28	0.4	9:12	2.5	5:08	7:36	
20	Sat	2:43	4.4	4:07	5.3	9:03	0.9	10:15	2.1	5:09	7:35	
21	Sun	3:49	4.0	4:42	5.6	9:42	1.5	11:21	1.7	5:10	7:34	
22	Mon	5:19	3.6	5:22	5.8	10:28	2.1			5:11	7:34	
23	Tue	7:07	3.6	6:08	6.1	12:27	1.1	11:25 AM	2.7	5:11	7:33	
24	Wed	8:42	3.9	6:59	6.4	1:28	0.4	12:30	3.1	5:12	7:32	
25	Thu	9:51	4.2	7:54	6.7	2:24	-0.2	1:37	3.3	5:13	7:31	
26	Fri	10:43	4.6	8:50	7.0	3:17	-0.8	2:39	3.3	5:14	7:30	
27	Sat	11:29	4.8	9:46	7.2	4:08	-1.2	3:37	3.2	5:15	7:30	
28	Sun			12:10	5.0	4:56	-1.5	4:33	2.9	5:15	7:29	
29	Mon			12:50	5.2	5:43	-1.5	5:29	2.6	5:16	7:28	
30	Tue			1:29	5.4	6:27	-1.3	6:26	2.3	5:17	7:27	
31	Wed	12:29	6.6	2:08	5.6	7:10	-0.9	7:25	2.0	5:18	7:26	