US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1729

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:32	5.2	12:05	6.5	6:11	2.9	7:00	-1.1	7:33	5:09	
2	Sun	2:12	5.2	12:53	6.0	7:06	2.7	7:40	-0.7	7:33	5:10	
3	Mon	2:51	5.2	1:42	5.4	8:02	2.6	8:20	-0.2	7:33	5:10	
4	Tue	3:29	5.3	2:34	4.8	9:04	2.4	8:59	0.4	7:33	5:11	
5	Wed	4:06	5.3	3:35	4.1	10:10	2.2	9:40	1.1	7:33	5:12	
6	Thu	4:43	5.4	4:53	3.6	11:20	1.9	10:24	1.8	7:33	5:13	
7	Fri	5:21	5.4	6:36	3.4			12:27	1.5	7:33	5:14	
8	Sat	6:01	5.5	8:20	3.6			1:27	1.0	7:33	5:15	
9	Sun	6:44	5.7	9:33	3.9	12:18	2.9	2:18	0.6	7:33	5:16	
10	Mon	7:28	5.8	10:24	4.2	1:20	3.2	3:02	0.2	7:32	5:17	
11	Tue	8:13	6.0	11:04	4.4	2:17	3.4	3:42	-0.1	7:32	5:18	
12	Wed	8:56	6.1	11:38	4.6	3:05	3.4	4:18	-0.4	7:32	5:19	
13	Thu	9:39	6.3			3:48	3.3	4:53	-0.7	7:32	5:20	
14	Fri	12:10	4.7	10:20 AM	6.4	4:27	3.2	5:26	-0.9	7:31	5:21	
15	Sat	12:40	4.8	11:01 AM	6.4	5:06	3.0	6:00	-1.0	7:31	5:22	
16	Sun	1:10	4.9	11:43 AM	6.3	5:47	2.8	6:33	-0.9	7:31	5:23	
17	Mon	1:41	5.0	12:27	6.0	6:32	2.5	7:07	-0.7	7:30	5:24	
18	Tue	2:12	5.2	1:14	5.6	7:21	2.2	7:43	-0.3	7:30	5:25	
19	Wed	2:45	5.4	2:08	5.0	8:17	1.9	8:20	0.3	7:29	5:26	
20	Thu	3:20	5.7	3:14	4.4	9:20	1.6	9:01	1.1	7:29	5:27	
21	Fri	4:00	5.9	4:40	3.9	10:31	1.2	9:49	1.8	7:28	5:28	
22	Sat	4:46	6.1	6:28	3.7	11:47	0.7	10:48	2.5	7:28	5:29	
23	Sun	5:39	6.3	8:13	3.9			1:01	0.2	7:27	5:30	
24	Mon	6:38	6.4	9:28	4.3	12:02	3.0	2:06	-0.4	7:27	5:32	
25	Tue	7:39	6.6	10:22	4.6	1:21	3.3	3:03	-0.8	7:26	5:33	
26	Wed	8:37	6.7	11:06	4.9	2:31	3.2	3:53	-1.0	7:25	5:34	
27	Thu	9:32	6.7	11:46	5.1	3:30	3.0	4:38	-1.2	7:24	5:35	
28	Fri	10:23	6.6			4:24	2.8	5:19	-1.1	7:24	5:36	
29	Sat	12:22	5.2	11:11 AM	6.4	5:13	2.5	5:57	-0.9	7:23	5:37	
30	Sun	12:57	5.3	11:56 AM	6.1	6:00	2.2	6:32	-0.6	7:22	5:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	**1:29**	5.3	**12:40**	5.6	**6:46**	2.0	**7:06**	-0.2	7:21	5:39	●