US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1729

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:38	5.4	12:32	5.1	6:25	1.2	6:28	0.6	6:47	6:10	
2	Wed	1:02	5.5	1:16	4.7	7:03	1.0	6:58	1.2	6:46	6:11	
3	Thu	1:27	5.5	2:04	4.3	7:43	0.9	7:28	1.7	6:45	6:12	
4	Fri	1:52	5.5	2:58	4.0	8:26	0.8	7:59	2.3	6:43	6:13	
5	Sat	2:22	5.4	4:09	3.7	9:15	0.9	8:34	2.8	6:42	6:14	
6	Sun	3:00	5.3	5:49	3.5	10:15	0.9	9:24	3.2	6:40	6:15	
7	Mon	3:49	5.2	7:42	3.7	11:27	0.8	10:52	3.5	6:39	6:16	
8	Tue	4:51	5.1	8:42	3.9			12:40	0.6	6:37	6:17	
9	Wed	6:01	5.1	9:17	4.2	12:29	3.4	1:40	0.3	6:36	6:18	
10	Thu	7:08	5.3	9:45	4.4	1:35	3.2	2:28	0.0	6:34	6:19	
11	Fri	8:07	5.5	10:11	4.6	2:26	2.8	3:08	-0.2	6:33	6:20	
12	Sat	9:00	5.7	10:37	4.9	3:09	2.4	3:45	-0.4	6:31	6:21	
13	Sun	9:51	5.8	11:04	5.2	3:50	1.8	4:19	-0.3	6:30	6:22	
14	Mon	10:42	5.8	11:32	5.5	4:32	1.2	4:54	-0.1	6:28	6:23	
15	Tue	11:33	5.6			5:15	0.6	5:29	0.3	6:27	6:24	
16	Wed	12:02	5.8	12:27	5.4	6:01	0.1	6:05	0.8	6:25	6:25	
17	Thu	12:34	6.1	1:25	5.0	6:49	-0.3	6:43	1.4	6:24	6:26	
18	Fri	1:10	6.3	2:28	4.6	7:41	-0.5	7:25	2.0	6:22	6:26	
19	Sat	1:50	6.3	3:41	4.2	8:39	-0.5	8:14	2.6	6:21	6:27	
20	Sun	2:39	6.2	5:09	4.1	9:45	-0.4	9:18	3.0	6:19	6:28	
21	Mon	3:38	5.9	6:40	4.1	11:00	-0.3	10:49	3.2	6:18	6:29	
22	Tue	4:50	5.6	7:52	4.4			12:18	-0.2	6:16	6:30	
23	Wed	6:08	5.4	8:44	4.7	12:26	3.1	1:26	-0.3	6:15	6:31	
24	Thu	7:23	5.4	9:25	4.9	1:41	2.7	2:22	-0.3	6:13	6:32	
25	Fri	8:28	5.3	10:00	5.1	2:40	2.1	3:07	-0.2	6:12	6:33	
26	Sat	9:24	5.3	10:30	5.3	3:29	1.6	3:46	0.0	6:10	6:34	
27	Sun	10:15	5.2	10:58	5.4	4:13	1.2	4:20	0.3	6:08	6:35	
28	Mon	11:02	5.0	11:22	5.5	4:52	0.8	4:52	0.7	6:07	6:36	
29	Tue	11:47	4.8	11:45	5.5	5:28	0.5	5:22	1.1	6:05	6:37	
30	Wed			12:32	4.6	6:02	0.3	5:51	1.6	6:04	6:37	
31	Thu	12:08	5.5	1:17	4.4	6:36	0.1	6:21	2.0	6:02	6:38	