US HARBORS www.USHarbors.com

Alcatraz Island, CA - Dec 1729

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:27	6.0	10:06	4.3	1:58	2.1	3:24	0.1	7:14	4:58	
2	Fri	8:59	6.1	11:00	4.5	2:43	2.5	4:02	-0.2	7:15	4:58	
3	Sat	9:30	6.1	11:47	4.6	3:25	2.9	4:37	-0.4	7:16	4:58	
4	Sun	10:01	6.1			4:05	3.1	5:10	-0.5	7:17	4:58	
5	Mon	12:30	4.7	10:33 AM	6.1	4:44	3.3	5:43	-0.6	7:18	4:57	
6	Tue	1:10	4.7	11:07 AM	6.0	5:22	3.4	6:16	-0.6	7:18	4:57	
7	Wed	1:48	4.6	11:43 AM	5.9	5:59	3.4	6:51	-0.5	7:19	4:57	
8	Thu	2:24	4.6	12:21	5.8	6:39	3.4	7:26	-0.5	7:20	4:58	
9	Fri	3:01	4.6	1:00	5.5	7:23	3.4	8:04	-0.3	7:21	4:58	
10	Sat	3:39	4.6	1:44	5.2	8:15	3.3	8:43	-0.1	7:22	4:58	
11	Sun	4:16	4.8	2:36	4.8	9:19	3.1	9:25	0.2	7:23	4:58	
12	Mon	4:54	4.9	3:40	4.3	10:31	2.8	10:11	0.7	7:23	4:58	
13	Tue	5:31	5.2	5:02	3.9	11:41	2.2	11:00	1.2	7:24	4:58	
14	Wed	6:09	5.6	6:37	3.8			12:44	1.5	7:25	4:59	
15	Thu	6:47	5.9	8:08	3.9			1:39	0.6	7:25	4:59	
16	Fri	7:28	6.3	9:25	4.2	12:50	2.2	2:30	-0.2	7:26	4:59	
17	Sat	8:12	6.7	10:29	4.5	1:46	2.6	3:20	-0.9	7:27	5:00	
18	Sun	8:59	7.0	11:25	4.8	2:41	2.9	4:08	-1.4	7:27	5:00	
19	Mon	9:48	7.2			3:36	3.1	4:57	-1.7	7:28	5:00	
20	Tue	12:16	5.0	10:39 AM	7.3	4:30	3.1	5:46	-1.9	7:28	5:01	
21	Wed	1:03	5.1	11:31 AM	7.1	5:26	3.0	6:34	-1.7	7:29	5:01	
22	Thu	1:50	5.1	12:24	6.8	6:23	2.9	7:21	-1.4	7:29	5:02	
23	Fri	2:35	5.2	1:18	6.2	7:25	2.7	8:08	-1.0	7:30	5:02	
24	Sat	3:20	5.3	2:15	5.5	8:32	2.5	8:54	-0.3	7:30	5:03	
25	Sun	4:05	5.4	3:19	4.8	9:46	2.3	9:42	0.4	7:31	5:04	
26	Mon	4:50	5.5	4:35	4.1	11:03	1.9	10:31	1.1	7:31	5:04	
27	Tue	5:34	5.7	6:07	3.7			12:17	1.5	7:31	5:05	
28	Wed	6:17	5.8	7:46	3.7			1:22	1.0	7:32	5:06	
29	Thu	7:00	5.9	9:09	4.0	12:23	2.4	2:17	0.5	7:32	5:06	
30	Fri	7:41	5.9	10:11	4.3	1:22	2.9	3:04	0.1	7:32	5:07	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	**8:20**	6.0	**10:56**	4.5	**2:17**	3.2	**3:44**	-0.2	7:32	5:08	