US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1730

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:50	6.1	2:02	5.8	7:12	-0.4	7:43	1.5	5:19	7:25	
2	Wed	1:46	5.5	2:40	5.9	7:53	0.3	8:44	1.4	5:20	7:24	
3	Thu	2:47	4.9	3:20	6.0	8:34	1.1	9:49	1.2	5:21	7:23	
4	Fri	3:58	4.3	4:03	6.0	9:20	1.8	10:59	1.1	5:21	7:22	
5	Sat	5:26	3.9	4:50	5.9	10:14	2.5			5:22	7:21	
6	Sun	7:08	3.9	5:42	5.8	12:10	0.9	11:22 AM	3.0	5:23	7:20	
7	Mon	8:33	4.1	6:38	5.8	1:16	0.7	12:35	3.3	5:24	7:19	
8	Tue	9:31	4.4	7:32	5.9	2:13	0.4	1:41	3.3	5:25	7:18	
9	Wed	10:15	4.6	8:22	5.9	3:01	0.2	2:35	3.2	5:26	7:17	
10	Thu	10:50	4.7	9:07	6.0	3:42	0.0	3:20	3.1	5:27	7:15	
11	Fri	11:20	4.8	9:49	6.1	4:17	-0.1	4:00	2.9	5:28	7:14	
12	Sat	11:47	4.8	10:28	6.0	4:48	-0.1	4:36	2.7	5:28	7:13	
13	Sun			12:12	4.9	5:17	-0.1	5:12	2.4	5:29	7:12	
14	Mon			12:36	5.1	5:44	0.0	5:48	2.2	5:30	7:11	
15	Tue			1:00	5.3	6:11	0.2	6:25	2.0	5:31	7:09	
16	Wed	12:26	5.4	1:26	5.4	6:39	0.5	7:06	1.7	5:32	7:08	
17	Thu	1:11	5.1	1:54	5.6	7:08	1.0	7:52	1.4	5:33	7:07	
18	Fri	2:01	4.7	2:26	5.8	7:41	1.5	8:44	1.2	5:34	7:06	
19	Sat	3:04	4.3	3:03	5.9	8:18	2.1	9:45	1.0	5:35	7:04	
20	Sun	4:25	3.9	3:50	6.0	9:03	2.6	10:56	0.7	5:35	7:03	
21	Mon	6:07	3.8	4:48	6.1	10:04	3.1			5:36	7:02	
22	Tue	7:43	4.0	5:55	6.2	12:11	0.4	11:27 AM	3.4	5:37	7:00	
23	Wed	8:49	4.3	7:04	6.4	1:21	0.0	12:51	3.3	5:38	6:59	
24	Thu	9:36	4.7	8:08	6.6	2:20	-0.4	2:01	3.0	5:39	6:57	
25	Fri	10:16	5.0	9:08	6.7	3:12	-0.7	3:01	2.6	5:40	6:56	
26	Sat	10:53	5.3	10:05	6.7	3:58	-0.8	3:55	2.1	5:41	6:55	
27	Sun	11:29	5.5	10:58	6.5	4:40	-0.7	4:47	1.6	5:41	6:53	
28	Mon			12:03	5.8	5:20	-0.4	5:37	1.2	5:42	6:52	
29	Tue			12:38	6.0	5:59	0.1	6:27	0.9	5:43	6:50	
30	Wed	12:45	5.7	1:12	6.1	6:37	0.7	7:18	0.7	5:44	6:49	
31	Thu	1:40	5.2	1:47	6.1	7:16	1.3	8:10	0.7	5:45	6:47	