US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1731

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:51	4.9	10:25	6.1	4:48	-0.3	4:33	2.8	5:19	7:25	
2	Thu			12:21	4.9	5:20	-0.2	5:11	2.6	5:20	7:24	
3	Fri			12:47	5.0	5:49	-0.1	5:48	2.5	5:20	7:23	
4	Sat			1:12	5.1	6:17	0.1	6:26	2.3	5:21	7:22	
5	Sun	12:17	5.5	1:37	5.2	6:44	0.3	7:04	2.1	5:22	7:21	
6	Mon	12:56	5.1	2:02	5.3	7:12	0.7	7:46	2.0	5:23	7:20	
7	Tue	1:39	4.8	2:31	5.4	7:40	1.1	8:32	1.8	5:24	7:19	
8	Wed	2:29	4.3	3:03	5.5	8:12	1.6	9:26	1.6	5:25	7:18	
9	Thu	3:31	4.0	3:41	5.6	8:48	2.2	10:28	1.4	5:26	7:17	
10	Fri	4:57	3.7	4:27	5.8	9:33	2.7	11:38	1.0	5:26	7:16	
11	Sat	6:42	3.7	5:22	5.9	10:37	3.1			5:27	7:15	
12	Sun	8:12	3.9	6:23	6.1	12:46	0.6	11:56 AM	3.3	5:28	7:13	
13	Mon	9:11	4.2	7:25	6.4	1:46	0.1	1:11	3.3	5:29	7:12	
14	Tue	9:55	4.5	8:24	6.7	2:40	-0.4	2:14	3.0	5:30	7:11	
15	Wed	10:33	4.9	9:21	6.8	3:28	-0.7	3:11	2.6	5:31	7:10	
16	Thu	11:10	5.2	10:16	6.9	4:12	-0.9	4:04	2.2	5:32	7:08	
17	Fri	11:46	5.5	11:10	6.7	4:55	-0.9	4:57	1.7	5:33	7:07	
18	Sat			12:22	5.8	5:36	-0.7	5:50	1.3	5:33	7:06	
19	Sun	12:05	6.4	12:59	6.1	6:17	-0.2	6:44	0.9	5:34	7:05	
20	Mon	1:02	5.9	1:37	6.3	6:59	0.4	7:41	0.7	5:35	7:03	
21	Tue	2:02	5.3	2:18	6.3	7:41	1.1	8:41	0.6	5:36	7:02	
22	Wed	3:08	4.8	3:02	6.3	8:28	1.8	9:48	0.6	5:37	7:01	
23	Thu	4:27	4.4	3:52	6.2	9:22	2.4	11:00	0.6	5:38	6:59	
24	Fri	5:59	4.2	4:49	6.0	10:30	2.9			5:39	6:58	
25	Sat	7:28	4.3	5:53	5.9	12:15	0.5	11:51 AM	3.2	5:40	6:56	
26	Sun	8:36	4.5	6:57	5.8	1:22	0.4	1:06	3.2	5:40	6:55	
27	Mon	9:26	4.7	7:55	5.8	2:19	0.3	2:06	3.0	5:41	6:54	
28	Tue	10:05	4.9	8:46	5.8	3:05	0.2	2:56	2.8	5:42	6:52	
29	Wed	10:38	5.0	9:31	5.8	3:44	0.2	3:39	2.5	5:43	6:51	
30	Thu	11:06	5.0	10:12	5.8	4:17	0.2	4:17	2.2	5:44	6:49	
31	Fri	11:31	5.1	10:51	5.6	4:46	0.3	4:52	2.0	5:45	6:48	