US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1732

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**6:45**	3.4	**6:24**	5.6	**12:45**	1.4	**11:37 AM**	2.3	4:57	7:42	
2	Wed	**8:15**	3.5	**7:07**	5.8	**1:38**	1.0	**12:33**	2.7	4:58	7:42	
3	Thu	**9:24**	3.8	**7:50**	6.0	**2:25**	0.5	**1:29**	2.9	4:58	7:42	
4	Fri	**10:17**	4.1	**8:34**	6.2	**3:07**	0.1	**2:21**	3.0	4:59	7:41	
5	Sat	**11:00**	4.3	**9:18**	6.4	**3:47**	-0.4	**3:08**	3.1	4:59	7:41	
6	Sun	**11:39**	4.5	**10:02**	6.5	**4:25**	-0.7	**3:54**	3.0	5:00	7:41	
7	Mon			**12:16**	4.7	**5:04**	-1.0	**4:40**	2.9	5:00	7:41	
8	Tue			**12:52**	4.9	**5:42**	-1.1	**5:28**	2.7	5:01	7:40	
9	Wed			**1:29**	5.1	**6:22**	-1.1	**6:19**	2.5	5:02	7:40	
10	Thu	**12:22**	6.3	**2:06**	5.3	**7:02**	-1.0	**7:14**	2.2	5:02	7:40	
11	Fri	**1:14**	5.9	**2:45**	5.6	**7:43**	-0.6	**8:14**	1.9	5:03	7:39	
12	Sat	**2:11**	5.3	**3:26**	5.8	**8:26**	0.0	**9:21**	1.6	5:04	7:39	
13	Sun	**3:18**	4.7	**4:10**	6.0	**9:12**	0.7	**10:35**	1.3	5:04	7:38	
14	Mon	**4:37**	4.2	**4:58**	6.2	**10:04**	1.4	**11:50**	0.8	5:05	7:38	
15	Tue	**6:10**	3.9	**5:50**	6.4	**11:03**	2.0			5:06	7:37	
16	Wed	**7:43**	4.0	**6:45**	6.5	**1:00**	0.3	**12:10**	2.5	5:06	7:37	
17	Thu	**9:01**	4.2	**7:41**	6.6	**2:03**	-0.1	**1:18**	2.8	5:07	7:36	
18	Fri	**10:01**	4.6	**8:34**	6.6	**2:58**	-0.4	**2:21**	2.9	5:08	7:36	
19	Sat	**10:51**	4.8	**9:24**	6.6	**3:46**	-0.6	**3:18**	2.9	5:09	7:35	
20	Sun	**11:34**	5.0	**10:10**	6.5	**4:29**	-0.7	**4:09**	2.8	5:09	7:35	
21	Mon			**12:13**	5.1	**5:09**	-0.7	**4:57**	2.7	5:10	7:34	
22	Tue			**12:48**	5.1	**5:45**	-0.6	**5:42**	2.5	5:11	7:33	
23	Wed			**1:21**	5.1	**6:19**	-0.4	**6:25**	2.4	5:12	7:32	
24	Thu	**12:16**	5.7	**1:51**	5.2	**6:51**	-0.1	**7:09**	2.3	5:13	7:32	
25	Fri	**12:57**	5.3	**2:20**	5.2	**7:23**	0.3	**7:54**	2.2	5:13	7:31	
26	Sat	**1:39**	4.9	**2:49**	5.3	**7:55**	0.8	**8:44**	2.1	5:14	7:30	
27	Sun	**2:26**	4.4	**3:21**	5.4	**8:27**	1.3	**9:39**	1.9	5:15	7:29	
28	Mon	**3:23**	4.0	**3:57**	5.4	**9:03**	1.8	**10:41**	1.7	5:16	7:28	
29	Tue	**4:38**	3.7	**4:39**	5.5	**9:46**	2.3	**11:47**	1.4	5:17	7:27	
30	Wed	**6:16**	3.5	**5:27**	5.6	**10:41**	2.8			5:18	7:27	
31	Thu	**7:54**	3.7	**6:20**	5.8	**12:50**	1.1	**11:50 AM**	3.1	5:18	7:26	