US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1732

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**9:02**	4.0	**7:13**	6.0	**1:45**	0.6	**12:58**	3.2	5:19	7:25	
2	Sat	**9:49**	4.2	**8:06**	6.2	**2:34**	0.2	**1:58**	3.2	5:20	7:24	
3	Sun	**10:27**	4.5	**8:56**	6.5	**3:17**	-0.2	**2:49**	3.0	5:21	7:23	
4	Mon	**11:02**	4.8	**9:46**	6.6	**3:57**	-0.6	**3:37**	2.7	5:22	7:22	
5	Tue	**11:37**	5.0	**10:35**	6.7	**4:37**	-0.8	**4:25**	2.4	5:23	7:20	
6	Wed			**12:11**	5.3	**5:16**	-0.8	**5:14**	2.0	5:24	7:19	
7	Thu			**12:46**	5.6	**5:55**	-0.7	**6:05**	1.6	5:25	7:18	
8	Fri	**12:17**	6.3	**1:22**	5.9	**6:34**	-0.3	**6:58**	1.3	5:25	7:17	
9	Sat	**1:12**	5.8	**2:00**	6.1	**7:15**	0.2	**7:56**	1.0	5:26	7:16	
10	Sun	**2:12**	5.3	**2:42**	6.3	**7:58**	0.8	**8:59**	0.8	5:27	7:15	
11	Mon	**3:21**	4.7	**3:28**	6.4	**8:45**	1.5	**10:09**	0.7	5:28	7:14	
12	Tue	**4:42**	4.3	**4:21**	6.4	**9:41**	2.2	**11:25**	0.5	5:29	7:12	
13	Wed	**6:15**	4.1	**5:20**	6.3	**10:49**	2.7			5:30	7:11	
14	Thu	**7:43**	4.3	**6:24**	6.3	**12:40**	0.3	**12:08**	3.0	5:31	7:10	
15	Fri	**8:51**	4.6	**7:26**	6.3	**1:46**	0.1	**1:21**	3.0	5:31	7:09	
16	Sat	**9:43**	4.8	**8:24**	6.3	**2:42**	-0.1	**2:24**	2.8	5:32	7:07	
17	Sun	**10:26**	5.0	**9:15**	6.2	**3:29**	-0.2	**3:17**	2.6	5:33	7:06	
18	Mon	**11:03**	5.1	**10:02**	6.1	**4:09**	-0.2	**4:03**	2.4	5:34	7:05	
19	Tue	**11:36**	5.2	**10:44**	6.0	**4:44**	-0.1	**4:45**	2.2	5:35	7:04	
20	Wed			**12:05**	5.3	**5:16**	0.1	**5:24**	2.0	5:36	7:02	
21	Thu			**12:31**	5.3	**5:46**	0.4	**6:01**	1.8	5:37	7:01	
22	Fri	**12:04**	5.5	**12:56**	5.4	**6:15**	0.7	**6:38**	1.6	5:38	7:00	
23	Sat	**12:44**	5.1	**1:21**	5.4	**6:44**	1.1	**7:17**	1.5	5:38	6:58	
24	Sun	**1:26**	4.8	**1:48**	5.5	**7:13**	1.5	**7:58**	1.4	5:39	6:57	
25	Mon	**2:12**	4.5	**2:19**	5.5	**7:44**	2.0	**8:45**	1.4	5:40	6:55	
26	Tue	**3:08**	4.1	**2:56**	5.5	**8:18**	2.4	**9:40**	1.3	5:41	6:54	
27	Wed	**4:20**	3.9	**3:41**	5.5	**9:01**	2.8	**10:45**	1.2	5:42	6:52	
28	Thu	**5:53**	3.8	**4:35**	5.5	**10:01**	3.2	**11:55**	1.0	5:43	6:51	
29	Fri	**7:24**	3.9	**5:38**	5.6	**11:23**	3.3			5:44	6:50	
30	Sat	**8:25**	4.2	**6:42**	5.8	**12:59**	0.7	**12:41**	3.3	5:45	6:48	
31	Sun	**9:08**	4.5	**7:42**	6.0	**1:54**	0.3	**1:43**	3.0	5:45	6:47	