US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1739

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:28	5.0	3:22	4.5	9:58	2.7	9:53	0.6	7:33	5:08	
2	Fri	5:11	5.2	4:39	4.1	11:11	2.3	10:45	1.1	7:33	5:09	
3	Sat	5:55	5.5	6:11	3.9			12:20	1.7	7:33	5:10	
4	Sun	6:40	5.8	7:42	4.0			1:21	0.9	7:33	5:11	
5	Mon	7:26	6.2	9:00	4.3	12:43	1.9	2:16	0.2	7:33	5:12	
6	Tue	8:13	6.6	10:05	4.6	1:42	2.3	3:07	-0.5	7:33	5:13	
7	Wed	9:00	6.9	11:01	4.9	2:39	2.5	3:56	-1.1	7:33	5:14	
8	Thu	9:49	7.1	11:52	5.1	3:34	2.6	4:44	-1.5	7:33	5:15	
9	Fri	10:39	7.1			4:28	2.6	5:32	-1.6	7:33	5:15	
10	Sat	12:40	5.3	11:29 AM	7.0	5:22	2.5	6:18	-1.6	7:32	5:16	
11	Sun	1:26	5.4	12:20	6.7	6:17	2.5	7:05	-1.3	7:32	5:17	
12	Mon	2:12	5.5	1:12	6.3	7:15	2.4	7:51	-0.9	7:32	5:18	
13	Tue	2:57	5.5	2:06	5.7	8:16	2.3	8:38	-0.3	7:32	5:19	
14	Wed	3:43	5.5	3:05	5.0	9:23	2.2	9:26	0.3	7:31	5:20	
15	Thu	4:30	5.6	4:15	4.4	10:36	2.0	10:18	1.0	7:31	5:21	
16	Fri	5:18	5.6	5:38	3.9	11:50	1.7	11:14	1.6	7:31	5:22	
17	Sat	6:06	5.6	7:11	3.8			12:59	1.3	7:30	5:24	
18	Sun	6:52	5.7	8:34	4.0	12:15	2.1	1:57	0.9	7:30	5:25	
19	Mon	7:36	5.8	9:38	4.2	1:14	2.5	2:46	0.5	7:30	5:26	
20	Tue	8:18	5.9	10:28	4.4	2:09	2.7	3:28	0.2	7:29	5:27	
21	Wed	8:57	6.0	11:10	4.6	2:58	2.9	4:05	-0.1	7:29	5:28	
22	Thu	9:35	6.0	11:45	4.7	3:42	2.9	4:39	-0.3	7:28	5:29	
23	Fri	10:13	6.1			4:21	2.9	5:11	-0.4	7:27	5:30	
24	Sat	12:18	4.8	10:49 AM	6.1	4:58	2.8	5:42	-0.5	7:27	5:31	
25	Sun	12:49	4.8	11:26 AM	6.0	5:33	2.7	6:13	-0.5	7:26	5:32	
26	Mon	1:19	4.9	12:03	5.9	6:10	2.6	6:44	-0.4	7:25	5:33	
27	Tue	1:50	5.0	12:42	5.7	6:48	2.5	7:17	-0.3	7:25	5:34	
28	Wed	2:22	5.1	1:24	5.3	7:32	2.4	7:52	0.0	7:24	5:36	
29	Thu	2:56	5.2	2:12	4.9	8:22	2.2	8:31	0.5	7:23	5:37	
30	Fri	3:34	5.3	3:12	4.5	9:21	1.9	9:15	1.0	7:22	5:38	
31	Sat	4:16	5.5	4:30	4.0	10:29	1.6	10:06	1.6	7:22	5:39	