US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1744

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:27	5.1	11:51 AM	7.1	5:50	3.0	6:55	-1.7	7:32	5:08	
2	Thu	2:12	5.2	12:45	6.7	6:48	2.9	7:43	-1.4	7:33	5:09	
3	Fri	2:57	5.3	1:41	6.1	7:52	2.7	8:30	-0.9	7:33	5:10	
4	Sat	3:42	5.4	2:41	5.4	9:02	2.4	9:18	-0.2	7:33	5:11	
5	Sun	4:27	5.6	3:51	4.6	10:18	2.1	10:07	0.5	7:33	5:12	
6	Mon	5:13	5.7	5:15	4.0	11:35	1.7	10:59	1.3	7:33	5:12	
7	Tue	5:58	5.9	6:53	3.8			12:47	1.1	7:33	5:13	
8	Wed	6:43	6.0	8:28	3.9			1:49	0.6	7:33	5:14	
9	Thu	7:26	6.1	9:42	4.2	12:55	2.6	2:42	0.2	7:33	5:15	
10	Fri	8:08	6.1	10:39	4.4	1:54	3.0	3:27	-0.2	7:32	5:16	
11	Sat	8:48	6.2	11:25	4.6	2:48	3.2	4:07	-0.4	7:32	5:17	
12	Sun	9:28	6.2			3:36	3.3	4:44	-0.5	7:32	5:18	
13	Mon	12:04	4.7	10:06 AM	6.2	4:19	3.4	5:18	-0.6	7:32	5:19	
14	Tue	12:38	4.7	10:43 AM	6.1	4:58	3.3	5:50	-0.6	7:32	5:20	
15	Wed	1:09	4.7	11:20 AM	6.0	5:34	3.2	6:22	-0.6	7:31	5:21	
16	Thu	1:38	4.7	11:56 AM	5.9	6:09	3.1	6:52	-0.5	7:31	5:22	
17	Fri	2:05	4.7	12:32	5.6	6:47	3.0	7:23	-0.3	7:31	5:23	
18	Sat	2:33	4.8	1:11	5.3	7:28	2.8	7:54	-0.1	7:30	5:24	
19	Sun	3:02	4.9	1:54	4.9	8:16	2.6	8:27	0.4	7:30	5:25	
20	Mon	3:33	5.1	2:47	4.4	9:12	2.4	9:03	0.9	7:29	5:26	
21	Tue	4:06	5.3	3:58	3.9	10:17	2.0	9:44	1.6	7:29	5:28	
22	Wed	4:44	5.5	5:38	3.6	11:28	1.5	10:34	2.2	7:28	5:29	
23	Thu	5:27	5.8	7:31	3.6			12:37	0.9	7:28	5:30	
24	Fri	6:17	6.1	9:02	4.0			1:40	0.2	7:27	5:31	
25	Sat	7:11	6.4	10:04	4.4	12:48	3.2	2:36	-0.5	7:26	5:32	
26	Sun	8:08	6.7	10:53	4.7	1:57	3.3	3:29	-1.0	7:26	5:33	
27	Mon	9:05	6.9	11:36	4.9	2:58	3.2	4:19	-1.4	7:25	5:34	
28	Tue	10:00	7.1			3:55	3.0	5:06	-1.7	7:24	5:35	
29	Wed	12:17	5.1	10:54 AM	7.1	4:50	2.7	5:51	-1.6	7:23	5:36	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Thu	**12:56**	5.3	**11:46 AM**	6.9	**5:44**	2.4	**6:34**	-1.4	7:23	5:37	◯
31	Fri	**1:34**	5.4	**12:39**	6.4	**6:39**	2.0	**7:16**	-0.9	7:22	5:39	◯