US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1746

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**11:30**	4.7	**9:45**	7.0	**4:11**	-1.3	**3:35**	3.2	4:57	7:42	
2	Sat			**12:20**	4.8	**4:59**	-1.5	**4:31**	3.2	4:58	7:42	
3	Sun			**1:05**	4.9	**5:45**	-1.5	**5:25**	3.1	4:58	7:42	
4	Mon			**1:47**	5.0	**6:29**	-1.3	**6:19**	3.0	4:59	7:41	
5	Tue	**12:11**	6.3	**2:28**	5.0	**7:11**	-1.0	**7:14**	2.9	4:59	7:41	
6	Wed	**12:58**	5.9	**3:06**	5.0	**7:52**	-0.7	**8:11**	2.8	5:00	7:41	
7	Thu	**1:46**	5.3	**3:42**	5.1	**8:31**	-0.2	**9:12**	2.6	5:00	7:41	
8	Fri	**2:37**	4.7	**4:18**	5.2	**9:09**	0.4	**10:18**	2.3	5:01	7:41	
9	Sat	**3:36**	4.1	**4:52**	5.3	**9:49**	1.1	**11:26**	2.0	5:01	7:40	
10	Sun	**4:52**	3.7	**5:28**	5.4	**10:32**	1.7			5:02	7:40	
11	Mon	**6:30**	3.4	**6:05**	5.5	**12:30**	1.5	**11:20 AM**	2.3	5:03	7:40	
12	Tue	**8:13**	3.5	**6:45**	5.7	**1:27**	1.1	**12:16**	2.8	5:03	7:39	
13	Wed	**9:31**	3.8	**7:27**	5.9	**2:17**	0.6	**1:15**	3.2	5:04	7:39	
14	Thu	**10:26**	4.1	**8:11**	6.0	**3:01**	0.2	**2:10**	3.4	5:05	7:38	
15	Fri	**11:08**	4.4	**8:55**	6.2	**3:42**	-0.1	**2:59**	3.5	5:06	7:38	
16	Sat	**11:45**	4.5	**9:39**	6.4	**4:19**	-0.4	**3:43**	3.4	5:06	7:37	
17	Sun			**12:18**	4.6	**4:56**	-0.7	**4:25**	3.3	5:07	7:37	
18	Mon			**12:51**	4.7	**5:32**	-0.9	**5:08**	3.2	5:08	7:36	
19	Tue			**1:23**	4.9	**6:08**	-1.0	**5:52**	2.9	5:08	7:35	
20	Wed			**1:55**	5.0	**6:44**	-1.0	**6:41**	2.7	5:09	7:35	
21	Thu	**12:36**	6.1	**2:28**	5.2	**7:21**	-0.7	**7:35**	2.4	5:10	7:34	
22	Fri	**1:27**	5.6	**3:02**	5.5	**7:58**	-0.3	**8:34**	2.0	5:11	7:33	
23	Sat	**2:25**	5.1	**3:39**	5.8	**8:38**	0.4	**9:41**	1.6	5:12	7:33	
24	Sun	**3:35**	4.4	**4:19**	6.0	**9:21**	1.1	**10:54**	1.1	5:12	7:32	
25	Mon	**5:03**	4.0	**5:04**	6.3	**10:10**	1.9			5:13	7:31	
26	Tue	**6:47**	3.8	**5:56**	6.5	**12:07**	0.6	**11:09 AM**	2.6	5:14	7:30	
27	Wed	**8:26**	4.0	**6:52**	6.6	**1:17**	0.1	**12:20**	3.1	5:15	7:30	
28	Thu	**9:38**	4.4	**7:50**	6.7	**2:18**	-0.4	**1:33**	3.3	5:16	7:29	
29	Fri	**10:32**	4.7	**8:46**	6.8	**3:13**	-0.7	**2:38**	3.3	5:17	7:28	
30	Sat	**11:17**	4.9	**9:39**	6.8	**4:03**	-0.9	**3:36**	3.2	5:17	7:27	
31	Sun	**11:58**	5.0	**10:29**	6.7	**4:48**	-1.0	**4:29**	3.0	5:18	7:26	