US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1748

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**2:08**	4.7	**4:00**	5.0	**8:45**	0.3	**9:43**	2.5	4:57	7:42	
2	Tue	**3:02**	4.3	**4:33**	5.2	**9:21**	0.8	**10:48**	2.1	4:58	7:42	
3	Wed	**4:11**	3.8	**5:10**	5.5	**10:02**	1.4	**11:53**	1.6	4:58	7:42	
4	Thu	**5:43**	3.5	**5:50**	5.8	**10:50**	2.0			4:59	7:41	
5	Fri	**7:25**	3.5	**6:34**	6.1	**12:54**	0.9	**11:47 AM**	2.5	4:59	7:41	
6	Sat	**8:54**	3.8	**7:22**	6.4	**1:49**	0.2	**12:49**	2.9	5:00	7:41	
7	Sun	**10:01**	4.2	**8:14**	6.7	**2:42**	-0.4	**1:52**	3.1	5:01	7:41	
8	Mon	**10:54**	4.5	**9:07**	7.0	**3:32**	-1.0	**2:51**	3.2	5:01	7:40	
9	Tue	**11:41**	4.7	**10:01**	7.1	**4:21**	-1.4	**3:49**	3.1	5:02	7:40	
10	Wed			**12:24**	4.9	**5:09**	-1.7	**4:45**	2.9	5:02	7:40	
11	Thu			**1:05**	5.1	**5:56**	-1.7	**5:43**	2.6	5:03	7:39	
12	Fri			**1:46**	5.3	**6:41**	-1.5	**6:42**	2.3	5:04	7:39	
13	Sat	**12:43**	6.5	**2:26**	5.5	**7:25**	-1.1	**7:44**	2.1	5:04	7:38	
14	Sun	**1:40**	5.9	**3:07**	5.7	**8:08**	-0.5	**8:50**	1.8	5:05	7:38	
15	Mon	**2:41**	5.2	**3:49**	5.9	**8:52**	0.3	**10:01**	1.5	5:06	7:37	
16	Tue	**3:52**	4.5	**4:32**	6.0	**9:38**	1.0	**11:15**	1.2	5:07	7:37	
17	Wed	**5:17**	3.9	**5:19**	6.1	**10:30**	1.8			5:07	7:36	
18	Thu	**6:56**	3.8	**6:07**	6.1	**12:27**	0.8	**11:29 AM**	2.5	5:08	7:36	
19	Fri	**8:28**	4.0	**6:57**	6.1	**1:31**	0.5	**12:36**	3.0	5:09	7:35	
20	Sat	**9:38**	4.3	**7:46**	6.1	**2:27**	0.2	**1:40**	3.2	5:10	7:34	
21	Sun	**10:29**	4.5	**8:33**	6.1	**3:15**	-0.1	**2:37**	3.3	5:10	7:34	
22	Mon	**11:11**	4.6	**9:17**	6.2	**3:57**	-0.2	**3:26**	3.3	5:11	7:33	
23	Tue	**11:47**	4.7	**9:57**	6.1	**4:34**	-0.3	**4:09**	3.2	5:12	7:32	
24	Wed			**12:18**	4.7	**5:08**	-0.4	**4:48**	3.0	5:13	7:32	
25	Thu			**12:46**	4.8	**5:38**	-0.4	**5:25**	2.9	5:14	7:31	
26	Fri			**1:12**	4.8	**6:07**	-0.3	**6:01**	2.7	5:14	7:30	
27	Sat			**1:37**	5.0	**6:34**	-0.2	**6:40**	2.6	5:15	7:29	
28	Sun	**12:28**	5.5	**2:02**	5.1	**7:02**	0.1	**7:21**	2.4	5:16	7:28	
29	Mon	**1:08**	5.1	**2:29**	5.3	**7:31**	0.5	**8:07**	2.1	5:17	7:27	
30	Tue	**1:54**	4.7	**2:58**	5.5	**8:01**	0.9	**8:59**	1.9	5:18	7:26	
31	Wed	**2:49**	4.3	**3:31**	5.6	**8:35**	1.5	**9:59**	1.6	5:19	7:25	