US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1748

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**4:02**	3.9	**4:11**	5.8	**9:14**	2.1	**11:06**	1.2	5:19	7:24	
2	Fri	**5:41**	3.6	**4:59**	6.0	**10:05**	2.7			5:20	7:23	
3	Sat	**7:31**	3.7	**5:55**	6.2	**12:17**	0.7	**11:13 AM**	3.1	5:21	7:22	
4	Sun	**8:53**	4.1	**6:57**	6.5	**1:23**	0.1	**12:31**	3.4	5:22	7:21	
5	Mon	**9:48**	4.4	**7:59**	6.8	**2:22**	-0.4	**1:44**	3.3	5:23	7:20	
6	Tue	**10:32**	4.7	**8:58**	7.0	**3:15**	-0.8	**2:47**	3.1	5:24	7:19	
7	Wed	**11:12**	5.0	**9:54**	7.1	**4:04**	-1.1	**3:44**	2.7	5:25	7:18	
8	Thu	**11:49**	5.2	**10:49**	7.0	**4:49**	-1.2	**4:39**	2.3	5:26	7:17	
9	Fri			**12:26**	5.5	**5:32**	-1.1	**5:34**	1.9	5:26	7:16	
10	Sat			**1:02**	5.7	**6:13**	-0.7	**6:28**	1.5	5:27	7:15	
11	Sun	**12:37**	6.2	**1:39**	5.9	**6:53**	-0.2	**7:24**	1.2	5:28	7:14	
12	Mon	**1:34**	5.6	**2:16**	6.1	**7:33**	0.5	**8:23**	1.1	5:29	7:12	
13	Tue	**2:35**	4.9	**2:55**	6.1	**8:15**	1.2	**9:26**	1.0	5:30	7:11	
14	Wed	**3:46**	4.4	**3:37**	6.0	**9:00**	2.0	**10:34**	0.9	5:31	7:10	
15	Thu	**5:13**	4.0	**4:25**	5.9	**9:55**	2.7	**11:47**	0.8	5:32	7:09	
16	Fri	**6:55**	4.0	**5:20**	5.8	**11:06**	3.2			5:33	7:07	
17	Sat	**8:20**	4.2	**6:20**	5.7	**12:56**	0.6	**12:25**	3.4	5:33	7:06	
18	Sun	**9:18**	4.5	**7:19**	5.8	**1:57**	0.4	**1:33**	3.4	5:34	7:05	
19	Mon	**10:01**	4.7	**8:12**	5.8	**2:48**	0.3	**2:28**	3.2	5:35	7:03	
20	Tue	**10:36**	4.8	**8:59**	5.9	**3:30**	0.1	**3:14**	3.0	5:36	7:02	
21	Wed	**11:05**	4.8	**9:42**	5.9	**4:05**	0.0	**3:53**	2.7	5:37	7:01	
22	Thu	**11:31**	4.9	**10:21**	5.9	**4:36**	0.0	**4:29**	2.5	5:38	6:59	
23	Fri	**11:54**	5.0	**11:00**	5.8	**5:04**	0.1	**5:04**	2.2	5:39	6:58	
24	Sat			**12:17**	5.1	**5:31**	0.2	**5:39**	2.0	5:39	6:57	
25	Sun			**12:40**	5.3	**5:57**	0.5	**6:15**	1.7	5:40	6:55	
26	Mon	**12:20**	5.3	**1:04**	5.5	**6:23**	0.8	**6:53**	1.4	5:41	6:54	
27	Tue	**1:04**	5.0	**1:31**	5.7	**6:52**	1.3	**7:36**	1.2	5:42	6:52	
28	Wed	**1:54**	4.7	**2:01**	5.8	**7:23**	1.8	**8:24**	1.0	5:43	6:51	
29	Thu	**2:54**	4.3	**2:37**	5.9	**7:58**	2.3	**9:22**	0.8	5:44	6:49	
30	Fri	**4:13**	4.0	**3:23**	5.9	**8:41**	2.8	**10:31**	0.6	5:45	6:48	
31	Sat	**5:54**	3.9	**4:22**	6.0	**9:42**	3.3	**11:47**	0.4	5:46	6:46	