US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1749

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:51	6.2	2:00	5.9	7:10	-0.4	7:41	1.4	5:19	7:25	
2	Sat	1:49	5.6	2:39	6.1	7:52	0.3	8:45	1.1	5:20	7:24	
3	Sun	2:54	4.9	3:22	6.3	8:36	1.0	9:54	0.9	5:21	7:23	
4	Mon	4:11	4.4	4:10	6.3	9:25	1.8	11:08	0.7	5:22	7:22	
5	Tue	5:42	4.0	5:03	6.3	10:25	2.5			5:23	7:21	
6	Wed	7:21	4.1	6:01	6.2	12:23	0.4	11:37 AM	3.0	5:24	7:20	
7	Thu	8:40	4.3	7:01	6.2	1:31	0.2	12:53	3.2	5:24	7:18	
8	Fri	9:38	4.6	7:58	6.2	2:29	0.0	2:00	3.2	5:25	7:17	
9	Sat	10:24	4.8	8:50	6.2	3:19	-0.2	2:55	3.0	5:26	7:16	
10	Sun	11:02	4.9	9:36	6.2	4:00	-0.2	3:42	2.9	5:27	7:15	
11	Mon	11:35	5.0	10:17	6.1	4:36	-0.2	4:24	2.7	5:28	7:14	
12	Tue			12:04	5.0	5:08	-0.1	5:03	2.5	5:29	7:13	
13	Wed			12:30	5.1	5:37	0.0	5:39	2.3	5:30	7:11	
14	Thu			12:53	5.1	6:04	0.3	6:15	2.1	5:31	7:10	
15	Fri	12:11	5.4	1:16	5.2	6:30	0.6	6:53	1.9	5:31	7:09	
16	Sat	12:51	5.1	1:41	5.4	6:57	1.0	7:32	1.7	5:32	7:08	
17	Sun	1:33	4.7	2:08	5.5	7:25	1.4	8:16	1.6	5:33	7:06	
18	Mon	2:22	4.3	2:38	5.6	7:55	1.9	9:06	1.4	5:34	7:05	
19	Tue	3:24	4.0	3:16	5.6	8:29	2.4	10:06	1.3	5:35	7:04	
20	Wed	4:48	3.7	4:02	5.7	9:12	2.9	11:15	1.0	5:36	7:02	
21	Thu	6:35	3.7	4:59	5.8	10:16	3.3			5:37	7:01	
22	Fri	8:04	4.0	6:03	5.9	12:26	0.7	11:42 AM	3.4	5:38	7:00	
23	Sat	9:00	4.3	7:08	6.2	1:30	0.2	1:01	3.4	5:38	6:58	
24	Sun	9:40	4.6	8:09	6.4	2:24	-0.2	2:04	3.0	5:39	6:57	
25	Mon	10:16	4.9	9:07	6.6	3:11	-0.6	2:59	2.6	5:40	6:56	
26	Tue	10:51	5.2	10:03	6.7	3:55	-0.7	3:51	2.1	5:41	6:54	
27	Wed	11:25	5.5	10:57	6.6	4:37	-0.7	4:43	1.5	5:42	6:53	
28	Thu	11:59	5.8	11:53	6.3	5:18	-0.4	5:34	1.0	5:43	6:51	
29	Fri			12:35	6.1	5:58	0.0	6:27	0.6	5:44	6:50	
30	Sat	12:49	5.9	1:12	6.4	6:39	0.6	7:21	0.4	5:44	6:48	
31	Sun	1:50	5.4	1:52	6.4	7:21	1.3	8:20	0.3	5:45	6:47	