US HARBORS www.USHarbors.com

Alcatraz Island, CA - Sep 1749

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**2:56**	4.8	**2:36**	6.4	**8:07**	2.0	**9:23**	0.3	5:46	6:45	
2	Tue	**4:13**	4.5	**3:26**	6.2	**9:01**	2.6	**10:34**	0.4	5:47	6:44	
3	Wed	**5:43**	4.3	**4:24**	6.0	**10:11**	3.1	**11:50**	0.4	5:48	6:42	
4	Thu	**7:11**	4.4	**5:31**	5.8	**11:36**	3.3			5:49	6:41	
5	Fri	**8:19**	4.6	**6:39**	5.7	**1:01**	0.4	**12:54**	3.2	5:50	6:39	
6	Sat	**9:09**	4.8	**7:41**	5.7	**2:01**	0.3	**1:57**	2.9	5:50	6:38	
7	Sun	**9:48**	5.0	**8:35**	5.7	**2:49**	0.2	**2:47**	2.6	5:51	6:36	
8	Mon	**10:21**	5.0	**9:23**	5.7	**3:28**	0.2	**3:30**	2.3	5:52	6:35	
9	Tue	**10:48**	5.1	**10:05**	5.6	**4:02**	0.3	**4:09**	2.0	5:53	6:33	
10	Wed	**11:12**	5.2	**10:46**	5.5	**4:32**	0.5	**4:44**	1.7	5:54	6:32	
11	Thu	**11:34**	5.3	**11:25**	5.3	**4:59**	0.7	**5:17**	1.5	5:55	6:30	
12	Fri	**11:56**	5.4			**5:25**	1.0	**5:50**	1.2	5:56	6:29	
13	Sat	**12:05**	5.1	**12:19**	5.5	**5:51**	1.4	**6:24**	1.0	5:56	6:27	
14	Sun	**12:47**	4.9	**12:44**	5.6	**6:18**	1.8	**7:00**	0.9	5:57	6:26	
15	Mon	**1:32**	4.6	**1:12**	5.7	**6:47**	2.2	**7:41**	0.8	5:58	6:24	
16	Tue	**2:25**	4.3	**1:45**	5.7	**7:19**	2.6	**8:28**	0.7	5:59	6:22	
17	Wed	**3:29**	4.1	**2:26**	5.7	**7:57**	3.0	**9:25**	0.7	6:00	6:21	
18	Thu	**4:50**	4.0	**3:18**	5.6	**8:48**	3.3	**10:33**	0.6	6:01	6:19	
19	Fri	**6:21**	4.0	**4:24**	5.6	**10:06**	3.5	**11:46**	0.4	6:02	6:18	
20	Sat	**7:31**	4.2	**5:38**	5.6	**11:41**	3.4			6:02	6:16	
21	Sun	**8:18**	4.5	**6:51**	5.8	**12:53**	0.1	**12:59**	3.1	6:03	6:15	
22	Mon	**8:56**	4.9	**7:58**	5.9	**1:49**	-0.1	**2:00**	2.5	6:04	6:13	
23	Tue	**9:31**	5.2	**9:00**	6.0	**2:37**	-0.2	**2:53**	1.8	6:05	6:12	
24	Wed	**10:04**	5.6	**9:59**	6.1	**3:21**	-0.1	**3:43**	1.1	6:06	6:10	
25	Thu	**10:38**	6.0	**10:57**	5.9	**4:03**	0.2	**4:32**	0.4	6:07	6:08	
26	Fri	**11:13**	6.3	**11:54**	5.7	**4:44**	0.6	**5:21**	-0.1	6:08	6:07	
27	Sat	**11:49**	6.6			**5:25**	1.1	**6:10**	-0.4	6:09	6:05	
28	Sun	**12:52**	5.4	**12:28**	6.6	**6:08**	1.6	**7:01**	-0.5	6:09	6:04	
29	Mon	**1:53**	5.1	**1:09**	6.5	**6:53**	2.2	**7:54**	-0.4	6:10	6:02	
30	Tue	**2:58**	4.8	**1:54**	6.3	**7:43**	2.7	**8:52**	-0.2	6:11	6:01	