US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1750

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**5:39**	5.4	**7:00**	3.4			**12:49**	1.4	7:33	5:09	
2	Fri	**6:22**	5.6	**8:32**	3.6			**1:43**	0.9	7:33	5:09	
3	Sat	**7:07**	5.8	**9:37**	3.9	**12:36**	2.9	**2:29**	0.4	7:33	5:10	
4	Sun	**7:52**	6.1	**10:25**	4.2	**1:35**	3.1	**3:11**	-0.1	7:33	5:11	
5	Mon	**8:37**	6.3	**11:05**	4.5	**2:28**	3.2	**3:50**	-0.5	7:33	5:12	
6	Tue	**9:22**	6.5	**11:43**	4.7	**3:16**	3.1	**4:29**	-0.9	7:33	5:13	
7	Wed	**10:07**	6.7			**4:02**	3.0	**5:08**	-1.2	7:33	5:14	
8	Thu	**12:19**	4.9	**10:53 AM**	6.7	**4:48**	2.8	**5:47**	-1.3	7:33	5:15	
9	Fri	**12:55**	5.1	**11:41 AM**	6.6	**5:36**	2.6	**6:27**	-1.3	7:33	5:16	
10	Sat	**1:31**	5.3	**12:30**	6.3	**6:27**	2.3	**7:07**	-1.0	7:32	5:17	
11	Sun	**2:09**	5.5	**1:23**	5.8	**7:23**	2.0	**7:48**	-0.5	7:32	5:18	
12	Mon	**2:48**	5.7	**2:22**	5.2	**8:24**	1.8	**8:31**	0.1	7:32	5:19	
13	Tue	**3:29**	5.9	**3:31**	4.6	**9:33**	1.5	**9:17**	0.9	7:32	5:20	
14	Wed	**4:14**	6.1	**4:56**	4.0	**10:48**	1.1	**10:10**	1.6	7:31	5:21	
15	Thu	**5:04**	6.2	**6:36**	3.8			**12:06**	0.7	7:31	5:22	
16	Fri	**5:59**	6.3	**8:11**	4.0			**1:17**	0.2	7:31	5:23	
17	Sat	**6:56**	6.4	**9:23**	4.3	**12:26**	2.7	**2:19**	-0.2	7:30	5:24	
18	Sun	**7:52**	6.4	**10:18**	4.7	**1:37**	3.0	**3:12**	-0.5	7:30	5:25	
19	Mon	**8:45**	6.5	**11:04**	4.9	**2:40**	3.0	**3:58**	-0.7	7:29	5:26	
20	Tue	**9:34**	6.4	**11:44**	5.0	**3:35**	2.9	**4:39**	-0.8	7:29	5:27	
21	Wed	**10:19**	6.3			**4:24**	2.7	**5:16**	-0.7	7:28	5:28	
22	Thu	**12:19**	5.1	**11:00 AM**	6.1	**5:08**	2.6	**5:49**	-0.6	7:28	5:29	
23	Fri	**12:52**	5.1	**11:40 AM**	5.9	**5:50**	2.4	**6:21**	-0.4	7:27	5:30	
24	Sat	**1:21**	5.1	**12:18**	5.6	**6:30**	2.3	**6:51**	-0.1	7:27	5:31	
25	Sun	**1:48**	5.1	**12:57**	5.2	**7:11**	2.2	**7:20**	0.3	7:26	5:33	
26	Mon	**2:15**	5.2	**1:38**	4.8	**7:54**	2.0	**7:50**	0.8	7:25	5:34	
27	Tue	**2:42**	5.3	**2:25**	4.3	**8:41**	1.9	**8:20**	1.3	7:25	5:35	
28	Wed	**3:13**	5.3	**3:23**	3.8	**9:35**	1.8	**8:54**	1.9	7:24	5:36	
29	Thu	**3:48**	5.4	**4:42**	3.5	**10:38**	1.6	**9:34**	2.4	7:23	5:37	
30	Fri	**4:31**	5.4	**6:31**	3.4	**11:46**	1.3	**10:30**	2.9	7:22	5:38	

Date		High				Low						
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31	Sat	**5:22**	5.5	**8:15**	3.6			**12:52**	0.9	7:21	5:39	