US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1753

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:19	6.6	1:35	5.9	6:43	-0.7	7:05	1.4	5:19	7:25	
2	Thu	1:14	6.1	2:18	6.1	7:27	-0.2	8:05	1.3	5:20	7:24	
3	Fri	2:13	5.5	3:02	6.2	8:13	0.4	9:10	1.1	5:21	7:23	
4	Sat	3:18	4.9	3:50	6.2	9:02	1.1	10:20	1.0	5:22	7:22	
5	Sun	4:34	4.4	4:42	6.1	9:58	1.8	11:33	0.9	5:23	7:21	
6	Mon	6:02	4.2	5:38	6.1	11:04	2.3			5:24	7:20	
7	Tue	7:31	4.2	6:35	6.1	12:44	0.7	12:15	2.6	5:24	7:18	
8	Wed	8:43	4.4	7:31	6.1	1:46	0.4	1:22	2.8	5:25	7:17	
9	Thu	9:38	4.6	8:22	6.1	2:39	0.2	2:20	2.8	5:26	7:16	
10	Fri	10:22	4.8	9:08	6.1	3:24	0.1	3:10	2.7	5:27	7:15	
11	Sat	10:59	4.9	9:50	6.0	4:03	0.0	3:53	2.6	5:28	7:14	
12	Sun	11:31	5.0	10:30	6.0	4:37	0.0	4:32	2.4	5:29	7:13	
13	Mon			12:00	5.0	5:08	0.1	5:09	2.3	5:30	7:11	
14	Tue			12:26	5.1	5:38	0.2	5:44	2.2	5:31	7:10	
15	Wed			12:52	5.2	6:07	0.4	6:19	2.0	5:31	7:09	
16	Thu	12:22	5.4	1:19	5.3	6:35	0.6	6:56	1.9	5:32	7:08	
17	Fri	1:01	5.1	1:48	5.4	7:05	0.9	7:36	1.7	5:33	7:06	
18	Sat	1:45	4.8	2:19	5.5	7:38	1.3	8:21	1.6	5:34	7:05	
19	Sun	2:35	4.5	2:56	5.6	8:13	1.7	9:15	1.5	5:35	7:04	
20	Mon	3:38	4.1	3:39	5.6	8:56	2.2	10:18	1.3	5:36	7:02	
21	Tue	4:59	3.9	4:30	5.7	9:50	2.6	11:28	1.0	5:37	7:01	
22	Wed	6:30	3.9	5:29	5.9	10:59	2.8			5:38	7:00	
23	Thu	7:48	4.2	6:32	6.1	12:36	0.6	12:15	2.9	5:38	6:58	
24	Fri	8:47	4.5	7:34	6.3	1:37	0.2	1:23	2.8	5:39	6:57	
25	Sat	9:34	4.8	8:34	6.5	2:31	-0.2	2:23	2.4	5:40	6:55	
26	Sun	10:16	5.2	9:30	6.7	3:20	-0.5	3:18	2.0	5:41	6:54	
27	Mon	10:56	5.5	10:25	6.7	4:05	-0.6	4:10	1.6	5:42	6:53	
28	Tue	11:35	5.8	11:19	6.5	4:49	-0.5	5:02	1.2	5:43	6:51	
29	Wed			12:14	6.1	5:32	-0.3	5:54	0.8	5:44	6:50	
30	Thu	12:14	6.2	12:53	6.2	6:15	0.2	6:47	0.6	5:44	6:48	
31	Fri	1:09	5.8	1:35	6.3	6:59	0.7	7:41	0.5	5:45	6:47	