US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1754

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:11	5.2	5:22	3.6	11:53	2.0	10:57	1.8	7:33	5:09	
2	Wed	5:55	5.4	6:53	3.6			12:54	1.6	7:33	5:09	
3	Thu	6:40	5.6	8:14	3.8			1:45	1.0	7:33	5:10	
4	Fri	7:25	5.9	9:19	4.1	12:54	2.4	2:30	0.5	7:33	5:11	
5	Sat	8:09	6.2	10:11	4.4	1:49	2.6	3:12	-0.1	7:33	5:12	
6	Sun	8:54	6.4	10:56	4.7	2:40	2.7	3:53	-0.6	7:33	5:13	
7	Mon	9:39	6.7	11:39	4.9	3:29	2.6	4:33	-1.0	7:33	5:14	
8	Tue	10:25	6.8			4:17	2.6	5:15	-1.2	7:33	5:15	
9	Wed	12:21	5.2	11:13 AM	6.8	5:06	2.4	5:57	-1.3	7:32	5:16	
10	Thu	1:02	5.3	12:02	6.7	5:56	2.2	6:40	-1.2	7:32	5:17	
11	Fri	1:44	5.5	12:53	6.3	6:50	2.1	7:24	-0.9	7:32	5:18	
12	Sat	2:26	5.7	1:48	5.8	7:48	1.9	8:10	-0.4	7:32	5:19	
13	Sun	3:11	5.8	2:50	5.2	8:53	1.7	8:58	0.2	7:32	5:20	
14	Mon	3:59	5.9	4:02	4.6	10:05	1.5	9:51	0.9	7:31	5:21	
15	Tue	4:50	6.0	5:27	4.1	11:22	1.2	10:52	1.5	7:31	5:22	
16	Wed	5:45	6.1	7:00	4.0			12:37	0.8	7:31	5:23	
17	Thu	6:40	6.2	8:24	4.2			1:43	0.3	7:30	5:24	
18	Fri	7:34	6.3	9:31	4.5	1:07	2.4	2:39	0.0	7:30	5:25	
19	Sat	8:25	6.3	10:24	4.7	2:10	2.6	3:27	-0.3	7:29	5:26	
20	Sun	9:12	6.3	11:08	4.9	3:05	2.6	4:09	-0.4	7:29	5:27	
21	Mon	9:56	6.3	11:48	5.0	3:54	2.6	4:47	-0.5	7:28	5:28	
22	Tue	10:36	6.2			4:38	2.5	5:22	-0.5	7:28	5:29	
23	Wed	12:23	5.0	11:14 AM	6.0	5:19	2.5	5:54	-0.4	7:27	5:30	
24	Thu	12:54	5.0	11:51 AM	5.8	5:57	2.4	6:25	-0.2	7:27	5:31	
25	Fri	1:23	5.1	12:27	5.5	6:35	2.3	6:56	0.0	7:26	5:33	
26	Sat	1:51	5.1	1:05	5.2	7:14	2.2	7:27	0.3	7:25	5:34	
27	Sun	2:20	5.1	1:45	4.8	7:56	2.1	7:59	0.7	7:24	5:35	
28	Mon	2:52	5.2	2:31	4.4	8:43	2.1	8:34	1.1	7:24	5:36	
29	Tue	3:27	5.2	3:28	4.0	9:38	1.9	9:13	1.6	7:23	5:37	
30	Wed	4:07	5.3	4:45	3.7	10:42	1.7	10:02	2.1	7:22	5:38	
31	Thu	4:53	5.4	6:21	3.6	11:51	1.4	11:03	2.5	7:21	5:39	