US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1755

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:33	6.0	1:51	5.4	7:28	0.5	7:37	0.6	6:48	6:10	
2	Sun	2:15	6.1	2:54	4.9	8:25	0.3	8:25	1.2	6:46	6:11	
3	Mon	3:02	6.0	4:07	4.4	9:29	0.3	9:21	1.8	6:45	6:12	
4	Tue	3:55	5.9	5:32	4.2	10:41	0.3	10:31	2.3	6:44	6:13	
5	Wed	4:57	5.8	7:01	4.3	11:57	0.2	11:53	2.5	6:42	6:14	
6	Thu	6:04	5.7	8:14	4.5			1:09	0.1	6:41	6:15	
7	Fri	7:11	5.7	9:10	4.8	1:11	2.5	2:09	0.0	6:39	6:16	
8	Sat	8:13	5.7	9:56	5.0	2:16	2.3	3:00	-0.1	6:38	6:17	
9	Sun	9:08	5.7	10:34	5.1	3:10	2.0	3:44	-0.1	6:36	6:18	
10	Mon	9:56	5.6	11:08	5.2	3:56	1.8	4:22	-0.1	6:35	6:19	
11	Tue	10:40	5.5	11:38	5.2	4:37	1.5	4:56	0.1	6:33	6:20	
12	Wed	11:21	5.4			5:15	1.3	5:28	0.3	6:32	6:21	
13	Thu	12:05	5.3	12:01	5.2	5:50	1.1	5:59	0.6	6:30	6:22	
14	Fri	12:31	5.3	12:40	5.0	6:24	1.0	6:30	0.9	6:29	6:22	
15	Sat	12:57	5.3	1:20	4.7	6:59	0.9	7:01	1.3	6:27	6:23	
16	Sun	1:24	5.3	2:04	4.4	7:36	0.8	7:33	1.7	6:26	6:24	
17	Mon	1:55	5.2	2:54	4.1	8:17	0.8	8:10	2.1	6:24	6:25	
18	Tue	2:30	5.2	3:55	3.9	9:04	0.8	8:54	2.5	6:23	6:26	
19	Wed	3:12	5.1	5:11	3.8	10:01	0.8	9:53	2.8	6:21	6:27	
20	Thu	4:05	5.0	6:34	3.8	11:07	0.8	11:12	2.9	6:20	6:28	
21	Fri	5:08	4.9	7:42	4.1			12:15	0.6	6:18	6:29	
22	Sat	6:16	5.0	8:31	4.3	12:30	2.8	1:15	0.3	6:17	6:30	
23	Sun	7:21	5.2	9:11	4.7	1:33	2.5	2:07	0.0	6:15	6:31	
24	Mon	8:22	5.4	9:48	5.0	2:25	2.1	2:54	-0.2	6:14	6:32	
25	Tue	9:18	5.6	10:23	5.3	3:12	1.5	3:37	-0.3	6:12	6:33	
26	Wed	10:12	5.8	10:59	5.7	3:58	0.9	4:19	-0.2	6:10	6:34	
27	Thu	11:06	5.8	11:36	5.9	4:44	0.4	5:01	0.0	6:09	6:34	
28	Fri			12:00	5.7	5:31	-0.1	5:44	0.3	6:07	6:35	
29	Sat	12:14	6.2	12:55	5.5	6:20	-0.4	6:28	0.8	6:06	6:36	
30	Sun	12:55	6.3	1:54	5.2	7:12	-0.6	7:15	1.3	6:04	6:37	
31	Mon	1:39	6.2	2:57	4.8	8:07	-0.6	8:07	1.8	6:03	6:38	