US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1756

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:26	7.1			4:13	2.4	5:16	-1.4	7:32	5:08	
2	Fri	12:21	5.3	11:14 AM	7.0	5:06	2.4	6:01	-1.4	7:33	5:09	
3	Sat	1:08	5.4	12:03	6.7	6:00	2.4	6:47	-1.2	7:33	5:10	
4	Sun	1:54	5.4	12:51	6.3	6:55	2.4	7:31	-0.9	7:33	5:11	
5	Mon	2:39	5.4	1:41	5.7	7:53	2.4	8:16	-0.4	7:33	5:12	
6	Tue	3:25	5.4	2:35	5.1	8:55	2.4	9:02	0.1	7:33	5:13	
7	Wed	4:11	5.4	3:35	4.5	10:04	2.3	9:51	0.7	7:33	5:13	
8	Thu	4:57	5.4	4:48	4.0	11:16	2.0	10:44	1.3	7:33	5:14	
9	Fri	5:43	5.5	6:15	3.8			12:26	1.7	7:33	5:15	
10	Sat	6:29	5.5	7:44	3.8			1:27	1.3	7:32	5:16	
11	Sun	7:12	5.6	8:56	4.0	12:40	2.2	2:18	0.9	7:32	5:17	
12	Mon	7:53	5.8	9:52	4.2	1:36	2.5	3:02	0.5	7:32	5:18	
13	Tue	8:33	5.9	10:38	4.4	2:26	2.7	3:40	0.1	7:32	5:19	
14	Wed	9:11	6.0	11:17	4.6	3:11	2.8	4:15	-0.1	7:31	5:20	
15	Thu	9:49	6.1	11:52	4.7	3:52	2.8	4:48	-0.3	7:31	5:21	
16	Fri	10:27	6.2			4:31	2.8	5:20	-0.5	7:31	5:22	
17	Sat	12:26	4.8	11:05 AM	6.2	5:08	2.7	5:52	-0.6	7:30	5:23	
18	Sun	12:59	4.9	11:43 AM	6.1	5:46	2.6	6:25	-0.6	7:30	5:24	
19	Mon	1:32	5.0	12:23	5.9	6:26	2.5	7:00	-0.5	7:30	5:25	
20	Tue	2:07	5.2	1:06	5.6	7:11	2.4	7:37	-0.3	7:29	5:27	
21	Wed	2:43	5.3	1:55	5.3	8:01	2.2	8:17	0.1	7:29	5:28	
22	Thu	3:23	5.4	2:52	4.8	9:00	2.0	9:02	0.6	7:28	5:29	
23	Fri	4:06	5.6	4:04	4.3	10:08	1.7	9:53	1.2	7:27	5:30	
24	Sat	4:54	5.8	5:34	4.0	11:22	1.3	10:53	1.7	7:27	5:31	
25	Sun	5:47	6.0	7:10	4.0			12:35	0.8	7:26	5:32	
26	Mon	6:42	6.2	8:33	4.2	12:00	2.2	1:40	0.2	7:26	5:33	
27	Tue	7:39	6.5	9:38	4.6	1:10	2.4	2:38	-0.4	7:25	5:34	
28	Wed	8:33	6.7	10:31	4.9	2:15	2.5	3:29	-0.8	7:24	5:35	
29	Thu	9:26	6.8	11:18	5.2	3:14	2.5	4:17	-1.0	7:23	5:36	
30	Fri	10:16	6.8			4:08	2.3	5:02	-1.1	7:23	5:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	**12:01**	5.3	**11:05 AM**	6.6	**4:59**	2.2	**5:44**	-1.0	7:22	5:39	●