US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1759

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:56	5.0	12:27	6.5	6:26	3.0	7:21	-1.2	7:32	5:08	
2	Tue	2:39	5.1	1:17	6.1	7:21	2.9	8:07	-1.0	7:33	5:09	
3	Wed	3:24	5.2	2:13	5.7	8:23	2.7	8:55	-0.5	7:33	5:10	
4	Thu	4:10	5.4	3:18	5.1	9:36	2.5	9:46	0.0	7:33	5:11	
5	Fri	4:57	5.6	4:37	4.5	10:55	2.0	10:41	0.7	7:33	5:12	
6	Sat	5:46	5.8	6:08	4.1			12:13	1.4	7:33	5:13	
7	Sun	6:34	6.1	7:41	4.1			1:22	0.8	7:33	5:14	
8	Mon	7:22	6.4	9:02	4.3	12:41	1.9	2:21	0.1	7:33	5:15	
9	Tue	8:09	6.5	10:08	4.6	1:41	2.3	3:13	-0.4	7:33	5:16	
10	Wed	8:55	6.6	11:03	4.8	2:38	2.6	4:00	-0.7	7:32	5:17	
11	Thu	9:39	6.7	11:51	5.0	3:31	2.8	4:43	-0.9	7:32	5:17	
12	Fri	10:21	6.6			4:21	2.9	5:23	-0.9	7:32	5:18	
13	Sat	12:34	5.1	11:03 AM	6.4	5:08	2.9	6:01	-0.9	7:32	5:19	
14	Sun	1:14	5.1	11:42 AM	6.2	5:53	2.9	6:37	-0.7	7:31	5:21	
15	Mon	1:52	5.0	12:22	5.9	6:37	2.9	7:13	-0.5	7:31	5:22	
16	Tue	2:27	5.0	1:01	5.5	7:22	2.8	7:48	-0.2	7:31	5:23	
17	Wed	3:01	4.9	1:42	5.1	8:10	2.7	8:23	0.2	7:30	5:24	
18	Thu	3:34	4.9	2:28	4.6	9:04	2.6	9:00	0.7	7:30	5:25	
19	Fri	4:09	5.0	3:23	4.1	10:05	2.4	9:40	1.2	7:29	5:26	
20	Sat	4:46	5.1	4:36	3.7	11:13	2.2	10:25	1.8	7:29	5:27	
21	Sun	5:27	5.2	6:12	3.5			12:19	1.7	7:28	5:28	
22	Mon	6:10	5.4	7:51	3.6			1:18	1.2	7:28	5:29	
23	Tue	6:55	5.6	9:07	3.9	12:21	2.7	2:08	0.7	7:27	5:30	
24	Wed	7:40	5.9	10:03	4.2	1:22	2.9	2:52	0.1	7:27	5:31	
25	Thu	8:26	6.2	10:47	4.5	2:17	3.0	3:34	-0.4	7:26	5:32	
26	Fri	9:12	6.4	11:28	4.8	3:06	3.1	4:15	-0.8	7:25	5:33	
27	Sat	9:58	6.6			3:53	3.0	4:56	-1.1	7:25	5:35	
28	Sun	12:06	4.9	10:45 AM	6.8	4:39	2.8	5:37	-1.3	7:24	5:36	
29	Mon	12:44	5.1	11:32 AM	6.7	5:26	2.5	6:19	-1.3	7:23	5:37	
30	Tue	1:22	5.3	12:22	6.5	6:16	2.3	7:01	-1.1	7:22	5:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	**2:00**	5.4	**1:14**	6.1	**7:10**	2.0	**7:43**	-0.7	7:21	5:39	●