US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1760

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:50	5.4	3:16	5.5	8:16	0.1	8:54	2.1	5:20	7:24	
2	Sat	2:49	4.9	3:55	5.7	8:58	0.7	10:01	1.7	5:20	7:23	
3	Sun	4:03	4.4	4:39	5.9	9:45	1.4	11:15	1.2	5:21	7:22	
4	Mon	5:34	4.0	5:27	6.2	10:41	2.0			5:22	7:21	
5	Tue	7:14	4.0	6:21	6.4	12:27	0.7	11:45 AM	2.6	5:23	7:20	
6	Wed	8:40	4.3	7:17	6.6	1:34	0.1	12:55	2.9	5:24	7:19	
7	Thu	9:45	4.6	8:14	6.8	2:33	-0.4	2:01	3.0	5:25	7:18	
8	Fri	10:37	4.9	9:09	6.9	3:26	-0.8	3:02	3.0	5:26	7:17	
9	Sat	11:23	5.1	10:02	6.9	4:15	-1.0	3:57	2.8	5:27	7:16	
10	Sun			12:05	5.2	5:00	-1.0	4:49	2.6	5:27	7:15	
11	Mon			12:43	5.3	5:42	-0.9	5:39	2.4	5:28	7:13	
12	Tue			1:20	5.4	6:22	-0.6	6:28	2.2	5:29	7:12	
13	Wed	12:27	6.1	1:56	5.4	7:01	-0.2	7:18	2.1	5:30	7:11	
14	Thu	1:14	5.6	2:30	5.4	7:38	0.3	8:09	1.9	5:31	7:10	
15	Fri	2:04	5.1	3:04	5.4	8:15	0.9	9:04	1.8	5:32	7:09	
16	Sat	2:59	4.5	3:39	5.4	8:54	1.5	10:04	1.7	5:33	7:07	
17	Sun	4:07	4.1	4:17	5.4	9:38	2.2	11:10	1.5	5:33	7:06	
18	Mon	5:37	3.8	5:01	5.4	10:32	2.7			5:34	7:05	
19	Tue	7:22	3.8	5:51	5.5	12:17	1.3	11:41 AM	3.1	5:35	7:03	
20	Wed	8:43	4.1	6:45	5.6	1:18	1.0	12:53	3.3	5:36	7:02	
21	Thu	9:35	4.4	7:38	5.7	2:11	0.7	1:53	3.3	5:37	7:01	
22	Fri	10:14	4.6	8:27	5.9	2:56	0.3	2:42	3.2	5:38	6:59	
23	Sat	10:47	4.7	9:13	6.1	3:36	0.0	3:23	3.1	5:39	6:58	
24	Sun	11:17	4.8	9:57	6.2	4:13	-0.2	4:01	2.8	5:40	6:56	
25	Mon	11:46	5.0	10:40	6.3	4:47	-0.4	4:39	2.6	5:40	6:55	
26	Tue			12:15	5.1	5:21	-0.4	5:17	2.3	5:41	6:54	
27	Wed			12:45	5.3	5:55	-0.3	5:59	1.9	5:42	6:52	
28	Thu	12:09	6.0	1:16	5.5	6:29	-0.1	6:45	1.6	5:43	6:51	
29	Fri	12:58	5.7	1:48	5.7	7:06	0.4	7:35	1.3	5:44	6:49	
30	Sat	1:53	5.3	2:24	5.9	7:45	1.0	8:32	1.0	5:45	6:48	
31	Sun	2:58	4.8	3:05	6.0	8:27	1.6	9:36	0.8	5:46	6:46	