US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1761

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:00	6.0	10:01	4.2	1:33	2.5	3:07	0.3	7:33	5:09	
2	Fri	8:35	6.0	10:54	4.4	2:23	2.8	3:46	-0.1	7:33	5:10	
3	Sat	9:10	6.1	11:37	4.6	3:09	3.1	4:22	-0.3	7:33	5:11	
4	Sun	9:45	6.2			3:52	3.2	4:56	-0.5	7:33	5:11	
5	Mon	12:16	4.6	10:21 AM	6.2	4:31	3.3	5:29	-0.6	7:33	5:12	
6	Tue	12:50	4.7	10:57 AM	6.2	5:07	3.3	6:02	-0.7	7:33	5:13	
7	Wed	1:23	4.7	11:33 AM	6.1	5:43	3.3	6:35	-0.7	7:33	5:14	
8	Thu	1:55	4.7	12:11	5.9	6:21	3.2	7:08	-0.6	7:33	5:15	
9	Fri	2:27	4.7	12:49	5.7	7:01	3.1	7:43	-0.5	7:32	5:16	
10	Sat	3:00	4.8	1:31	5.3	7:49	3.0	8:19	-0.2	7:32	5:17	
11	Sun	3:35	5.0	2:21	4.9	8:44	2.8	8:59	0.2	7:32	5:18	
12	Mon	4:11	5.1	3:23	4.4	9:50	2.4	9:42	0.8	7:32	5:19	
13	Tue	4:50	5.4	4:47	3.9	11:03	1.9	10:32	1.4	7:32	5:20	
14	Wed	5:32	5.7	6:30	3.7			12:15	1.3	7:31	5:21	
15	Thu	6:17	6.0	8:09	3.9			1:20	0.5	7:31	5:22	
16	Fri	7:06	6.4	9:28	4.2	12:32	2.6	2:18	-0.2	7:31	5:23	
17	Sat	7:58	6.7	10:29	4.6	1:37	2.9	3:12	-0.8	7:30	5:24	
18	Sun	8:51	6.9	11:20	4.9	2:39	3.0	4:03	-1.3	7:30	5:25	
19	Mon	9:44	7.1			3:37	3.0	4:51	-1.6	7:29	5:26	
20	Tue	12:06	5.1	10:36 AM	7.1	4:33	2.9	5:38	-1.6	7:29	5:27	
21	Wed	12:49	5.2	11:28 AM	6.9	5:27	2.7	6:23	-1.5	7:28	5:28	
22	Thu	1:31	5.3	12:19	6.6	6:21	2.5	7:07	-1.2	7:28	5:30	
23	Fri	2:11	5.4	1:09	6.1	7:16	2.3	7:49	-0.7	7:27	5:31	
24	Sat	2:51	5.4	2:02	5.4	8:15	2.1	8:31	0.0	7:26	5:32	
25	Sun	3:31	5.5	3:00	4.7	9:18	2.0	9:13	0.7	7:26	5:33	
26	Mon	4:12	5.5	4:10	4.1	10:27	1.7	9:59	1.4	7:25	5:34	
27	Tue	4:54	5.5	5:40	3.7	11:38	1.5	10:51	2.1	7:24	5:35	
28	Wed	5:37	5.5	7:28	3.6			12:46	1.1	7:23	5:36	
29	Thu	6:23	5.6	8:57	3.9			1:46	0.7	7:23	5:37	
30	Fri	7:11	5.6	9:57	4.2	1:02	3.1	2:37	0.4	7:22	5:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	**7:57**	5.7	**10:41**	4.4	**2:04**	3.3	**3:21**	0.1	7:21	5:40	