US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1769

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:19	5.1	8:33	3.9			12:54	0.7	6:47	6:11	
2	Thu	6:25	5.2	9:13	4.1	12:43	3.2	1:50	0.4	6:46	6:12	
3	Fri	7:27	5.3	9:44	4.4	1:45	3.0	2:36	0.2	6:44	6:12	
4	Sat	8:22	5.5	10:12	4.6	2:34	2.7	3:15	-0.1	6:43	6:13	
5	Sun	9:12	5.7	10:39	4.9	3:16	2.3	3:50	-0.2	6:41	6:14	
6	Mon	10:00	5.7	11:07	5.2	3:56	1.8	4:24	-0.2	6:40	6:15	
7	Tue	10:48	5.7	11:36	5.5	4:36	1.3	4:59	-0.1	6:38	6:16	
8	Wed	11:37	5.6			5:18	0.8	5:34	0.2	6:37	6:17	
9	Thu	12:07	5.8	12:28	5.4	6:02	0.4	6:10	0.6	6:35	6:18	
10	Fri	12:41	6.0	1:23	5.1	6:49	0.0	6:49	1.1	6:34	6:19	
11	Sat	1:17	6.2	2:23	4.7	7:40	-0.2	7:32	1.7	6:32	6:20	
12	Sun	1:59	6.2	3:33	4.3	8:38	-0.2	8:21	2.2	6:31	6:21	
13	Mon	2:47	6.1	4:54	4.1	9:43	-0.2	9:23	2.7	6:29	6:22	
14	Tue	3:46	5.9	6:22	4.1	10:57	-0.1	10:47	2.9	6:28	6:23	
15	Wed	4:55	5.7	7:37	4.4			12:14	-0.1	6:26	6:24	
16	Thu	6:11	5.6	8:34	4.7	12:17	2.8	1:23	-0.2	6:25	6:25	
17	Fri	7:24	5.5	9:19	5.0	1:33	2.5	2:20	-0.2	6:23	6:26	
18	Sat	8:28	5.5	9:57	5.2	2:34	2.0	3:07	-0.2	6:22	6:27	
19	Sun	9:25	5.5	10:31	5.4	3:25	1.5	3:47	0.0	6:20	6:28	
20	Mon	10:17	5.4	11:02	5.5	4:11	1.1	4:24	0.3	6:19	6:29	
21	Tue	11:04	5.2	11:30	5.6	4:52	0.8	4:58	0.6	6:17	6:30	
22	Wed	11:50	5.0	11:57	5.6	5:30	0.5	5:30	1.0	6:16	6:30	
23	Thu			12:34	4.8	6:07	0.3	6:02	1.4	6:14	6:31	
24	Fri	12:23	5.6	1:18	4.5	6:43	0.2	6:34	1.8	6:13	6:32	
25	Sat	12:50	5.5	2:05	4.3	7:20	0.2	7:07	2.2	6:11	6:33	
26	Sun	1:19	5.5	2:56	4.1	8:00	0.3	7:42	2.6	6:10	6:34	
27	Mon	1:53	5.3	3:57	3.8	8:46	0.4	8:25	2.9	6:08	6:35	
28	Tue	2:34	5.1	5:11	3.7	9:40	0.5	9:24	3.1	6:06	6:36	
29	Wed	3:26	4.9	6:31	3.8	10:43	0.5	10:50	3.2	6:05	6:37	
30	Thu	4:29	4.8	7:31	4.0	11:49	0.5			6:03	6:38	
31	Fri	5:40	4.7	8:12	4.2	12:15	3.0	12:49	0.4	6:02	6:39	