US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1770

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**2:44**	5.0	**1:38**	5.0	**7:55**	2.6	**8:09**	0.2	7:32	5:09	
2	Tue	**3:17**	5.1	**2:28**	4.6	**8:49**	2.4	**8:47**	0.6	7:33	5:10	
3	Wed	**3:54**	5.3	**3:32**	4.1	**9:52**	2.2	**9:30**	1.1	7:33	5:10	
4	Thu	**4:35**	5.5	**4:56**	3.8	**11:02**	1.7	**10:21**	1.7	7:33	5:11	
5	Fri	**5:20**	5.8	**6:35**	3.7			**12:13**	1.2	7:33	5:12	
6	Sat	**6:10**	6.1	**8:07**	3.9			**1:17**	0.5	7:33	5:13	
7	Sun	**7:03**	6.4	**9:19**	4.2	**12:28**	2.6	**2:14**	-0.2	7:33	5:14	
8	Mon	**7:57**	6.7	**10:15**	4.6	**1:34**	2.7	**3:06**	-0.8	7:33	5:15	
9	Tue	**8:51**	6.9	**11:04**	4.9	**2:36**	2.8	**3:55**	-1.2	7:32	5:16	
10	Wed	**9:44**	7.1	**11:49**	5.2	**3:34**	2.6	**4:42**	-1.5	7:32	5:17	
11	Thu	**10:37**	7.1			**4:29**	2.5	**5:28**	-1.5	7:32	5:18	
12	Fri	**12:31**	5.4	**11:29 AM**	6.9	**5:24**	2.2	**6:12**	-1.4	7:32	5:19	
13	Sat	**1:13**	5.6	**12:21**	6.5	**6:19**	2.0	**6:55**	-1.0	7:32	5:20	
14	Sun	**1:54**	5.7	**1:13**	6.0	**7:15**	1.8	**7:38**	-0.5	7:31	5:21	
15	Mon	**2:35**	5.8	**2:09**	5.3	**8:15**	1.7	**8:21**	0.1	7:31	5:22	
16	Tue	**3:18**	5.8	**3:10**	4.7	**9:19**	1.5	**9:05**	0.9	7:31	5:23	
17	Wed	**4:01**	5.8	**4:23**	4.1	**10:28**	1.4	**9:55**	1.6	7:30	5:24	
18	Thu	**4:48**	5.8	**5:54**	3.7	**11:40**	1.2	**10:53**	2.2	7:30	5:25	
19	Fri	**5:38**	5.8	**7:33**	3.8			**12:49**	0.9	7:29	5:26	
20	Sat	**6:29**	5.8	**8:52**	4.0	**12:01**	2.7	**1:50**	0.6	7:29	5:27	
21	Sun	**7:20**	5.8	**9:49**	4.3	**1:09**	2.9	**2:41**	0.3	7:28	5:28	
22	Mon	**8:08**	5.9	**10:32**	4.5	**2:08**	3.0	**3:24**	0.0	7:28	5:29	
23	Tue	**8:52**	5.9	**11:07**	4.6	**2:59**	3.0	**4:01**	-0.1	7:27	5:30	
24	Wed	**9:34**	6.0	**11:38**	4.7	**3:42**	2.9	**4:35**	-0.3	7:26	5:32	
25	Thu	**10:13**	6.0			**4:21**	2.8	**5:06**	-0.4	7:26	5:33	
26	Fri	**12:06**	4.8	**10:51 AM**	6.0	**4:57**	2.6	**5:35**	-0.4	7:25	5:34	
27	Sat	**12:32**	4.9	**11:28 AM**	5.8	**5:32**	2.4	**6:04**	-0.3	7:24	5:35	
28	Sun	**12:59**	5.0	**12:06**	5.6	**6:08**	2.2	**6:33**	-0.1	7:24	5:36	
29	Mon	**1:26**	5.2	**12:46**	5.4	**6:47**	2.0	**7:03**	0.1	7:23	5:37	
30	Tue	**1:55**	5.3	**1:30**	5.0	**7:30**	1.8	**7:36**	0.5	7:22	5:38	
31	Wed	**2:27**	5.5	**2:22**	4.6	**8:19**	1.6	**8:12**	1.0	7:21	5:39	