US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1770

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:41	5.8	2:28	4.5	7:55	0.5	7:46	1.6	6:47	6:10	
2	Fri	2:19	5.9	3:35	4.1	8:50	0.4	8:31	2.1	6:46	6:11	
3	Sat	3:04	5.9	4:58	3.9	9:54	0.3	9:28	2.6	6:44	6:12	
4	Sun	4:00	5.8	6:30	3.9	11:07	0.2	10:46	2.9	6:43	6:13	
5	Mon	5:08	5.8	7:48	4.2			12:23	0.0	6:42	6:14	
6	Tue	6:21	5.8	8:45	4.5	12:14	2.9	1:31	-0.2	6:40	6:15	
7	Wed	7:32	5.9	9:30	4.9	1:31	2.6	2:28	-0.4	6:39	6:16	
8	Thu	8:36	6.0	10:10	5.2	2:34	2.1	3:17	-0.5	6:37	6:17	
9	Fri	9:34	6.0	10:47	5.5	3:28	1.6	4:00	-0.4	6:36	6:18	
10	Sat	10:29	5.9	11:22	5.7	4:18	1.1	4:41	-0.2	6:34	6:19	
11	Sun	11:20	5.7	11:56	5.9	5:05	0.7	5:20	0.1	6:33	6:20	
12	Mon			12:10	5.5	5:51	0.4	5:58	0.6	6:31	6:21	
13	Tue	12:29	5.9	1:00	5.1	6:35	0.2	6:35	1.1	6:30	6:22	
14	Wed	1:03	5.9	1:52	4.7	7:19	0.2	7:14	1.6	6:28	6:23	
15	Thu	1:36	5.8	2:47	4.4	8:06	0.2	7:55	2.1	6:27	6:24	
16	Fri	2:13	5.6	3:49	4.1	8:55	0.4	8:41	2.5	6:25	6:25	
17	Sat	2:54	5.3	5:06	3.9	9:52	0.6	9:42	2.9	6:24	6:26	
18	Sun	3:43	5.1	6:33	3.8	10:58	0.7	11:03	3.1	6:22	6:27	
19	Mon	4:43	4.9	7:43	4.0			12:07	0.7	6:21	6:27	
20	Tue	5:51	4.8	8:30	4.2	12:24	3.0	1:08	0.6	6:19	6:28	
21	Wed	6:58	4.8	9:05	4.4	1:28	2.7	1:59	0.5	6:18	6:29	
22	Thu	7:57	4.9	9:34	4.6	2:19	2.4	2:41	0.4	6:16	6:30	
23	Fri	8:50	5.0	10:00	4.8	3:01	2.0	3:17	0.4	6:14	6:31	
24	Sat	9:38	5.1	10:26	5.1	3:39	1.6	3:50	0.4	6:13	6:32	
25	Sun	10:24	5.1	10:53	5.3	4:14	1.1	4:22	0.5	6:11	6:33	
26	Mon	11:10	5.1	11:22	5.6	4:50	0.7	4:54	0.8	6:10	6:34	
27	Tue	11:57	5.1	11:52	5.8	5:27	0.2	5:28	1.1	6:08	6:35	
28	Wed			12:46	4.9	6:06	-0.1	6:04	1.4	6:07	6:36	
29	Thu	12:26	6.0	1:39	4.7	6:50	-0.4	6:44	1.8	6:05	6:37	
30	Fri	1:03	6.0	2:37	4.5	7:38	-0.5	7:28	2.2	6:04	6:37	
31	Sat	1:46	6.0	3:44	4.3	8:32	-0.5	8:21	2.5	6:02	6:38	