US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1773

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:56	5.4	6:44	3.6			12:48	1.6	7:33	5:09	
2	Sat	6:44	5.5	8:08	3.7	12:00	2.0	1:48	1.2	7:33	5:10	
3	Sun	7:26	5.7	9:14	4.0	12:54	2.4	2:30	0.7	7:33	5:11	
4	Mon	8:02	5.9	10:02	4.2	1:48	2.6	3:12	0.3	7:33	5:11	
5	Tue	8:44	6.0	10:50	4.4	2:36	2.7	3:48	0.0	7:33	5:12	
6	Wed	9:26	6.2	11:26	4.6	3:18	2.8	4:24	-0.3	7:33	5:13	
7	Thu	10:02	6.3			4:00	2.8	5:00	-0.6	7:33	5:14	
8	Fri	12:02	4.8	10:44 AM	6.3	4:42	2.7	5:30	-0.7	7:33	5:15	
9	Sat	12:38	5.0	11:20 AM	6.3	5:24	2.6	6:06	-0.8	7:32	5:16	
10	Sun	1:14	5.1	12:02	6.2	6:06	2.5	6:42	-0.8	7:32	5:17	
11	Mon	1:50	5.2	12:50	5.9	6:48	2.4	7:24	-0.6	7:32	5:18	
12	Tue	2:26	5.4	1:38	5.5	7:42	2.2	8:06	-0.2	7:32	5:19	
13	Wed	3:08	5.5	2:38	5.0	8:42	2.0	8:48	0.3	7:31	5:20	
14	Thu	3:56	5.7	3:44	4.5	9:48	1.7	9:36	0.9	7:31	5:21	
15	Fri	4:44	5.9	5:08	4.1	11:06	1.4	10:36	1.5	7:31	5:22	
16	Sat	5:32	6.0	6:44	4.0			12:18	0.9	7:30	5:23	
17	Sun	6:32	6.2	8:08	4.2			1:30	0.3	7:30	5:24	
18	Mon	7:26	6.4	9:20	4.5	12:54	2.3	2:24	-0.2	7:30	5:25	
19	Tue	8:20	6.6	10:14	4.8	2:00	2.5	3:18	-0.6	7:29	5:26	
20	Wed	9:14	6.7	11:08	5.0	3:00	2.5	4:06	-0.8	7:29	5:27	
21	Thu	10:02	6.7	11:50	5.2	3:54	2.4	4:48	-0.9	7:28	5:29	
22	Fri	10:50	6.5			4:42	2.3	5:30	-0.9	7:27	5:30	
23	Sat	12:32	5.3	11:32 AM	6.3	5:30	2.2	6:06	-0.7	7:27	5:31	
24	Sun	1:08	5.4	12:14	6.0	6:18	2.1	6:48	-0.4	7:26	5:32	
25	Mon	1:44	5.4	12:56	5.6	7:06	2.1	7:24	-0.1	7:26	5:33	
26	Tue	2:14	5.3	1:44	5.1	7:48	2.0	8:00	0.4	7:25	5:34	
27	Wed	2:50	5.3	2:26	4.6	8:42	2.0	8:36	0.9	7:24	5:35	
28	Thu	3:26	5.3	3:26	4.1	9:36	1.9	9:18	1.5	7:23	5:36	
29	Fri	4:08	5.3	4:32	3.7	10:42	1.8	10:06	2.0	7:23	5:37	
30	Sat	4:50	5.3	6:08	3.5	11:48	1.6	11:00	2.4	7:22	5:39	
31	Sun	5:38	5.3	7:38	3.6			12:54	1.2	7:21	5:40	