US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1775

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:51	5.0	3:14	5.2	8:13	0.7	8:55	2.3	5:19	7:25	
2	Wed	2:40	4.6	3:51	5.3	8:50	1.1	9:54	2.1	5:20	7:24	
3	Thu	3:42	4.2	4:33	5.5	9:34	1.6	11:00	1.7	5:21	7:23	
4	Fri	5:02	3.9	5:19	5.7	10:26	2.0			5:22	7:22	
5	Sat	6:35	3.9	6:11	5.9	12:07	1.3	11:28 AM	2.4	5:23	7:21	
6	Sun	8:00	4.0	7:04	6.2	1:09	0.7	12:34	2.7	5:23	7:20	
7	Mon	9:07	4.4	7:58	6.5	2:05	0.2	1:38	2.7	5:24	7:19	
8	Tue	10:01	4.7	8:52	6.8	2:56	-0.4	2:36	2.6	5:25	7:18	
9	Wed	10:48	5.0	9:45	7.0	3:45	-0.8	3:31	2.5	5:26	7:17	
10	Thu	11:32	5.3	10:38	7.0	4:32	-1.0	4:25	2.2	5:27	7:15	
11	Fri			12:14	5.5	5:18	-1.1	5:18	1.9	5:28	7:14	
12	Sat			12:56	5.7	6:03	-1.0	6:12	1.7	5:29	7:13	
13	Sun	12:24	6.6	1:38	5.9	6:48	-0.6	7:08	1.5	5:29	7:12	
14	Mon	1:20	6.1	2:21	6.0	7:33	-0.1	8:07	1.4	5:30	7:11	
15	Tue	2:18	5.5	3:05	6.0	8:20	0.5	9:12	1.3	5:31	7:09	
16	Wed	3:23	4.9	3:53	6.0	9:10	1.2	10:22	1.2	5:32	7:08	
17	Thu	4:39	4.5	4:44	5.9	10:07	1.8	11:35	1.0	5:33	7:07	
18	Fri	6:07	4.3	5:39	5.9	11:13	2.3			5:34	7:05	
19	Sat	7:33	4.3	6:35	5.8	12:45	0.8	12:23	2.7	5:35	7:04	
20	Sun	8:43	4.5	7:30	5.9	1:46	0.6	1:28	2.8	5:36	7:03	
21	Mon	9:37	4.7	8:20	5.9	2:38	0.4	2:24	2.8	5:36	7:01	
22	Tue	10:20	4.9	9:05	5.9	3:22	0.2	3:11	2.7	5:37	7:00	
23	Wed	10:56	5.0	9:47	6.0	4:00	0.2	3:53	2.6	5:38	6:59	
24	Thu	11:27	5.0	10:26	5.9	4:34	0.1	4:31	2.4	5:39	6:57	
25	Fri	11:56	5.1	11:03	5.8	5:05	0.2	5:06	2.3	5:40	6:56	
26	Sat			12:23	5.1	5:34	0.2	5:40	2.1	5:41	6:55	
27	Sun			12:49	5.2	6:03	0.4	6:14	2.0	5:42	6:53	
28	Mon	12:18	5.5	1:17	5.3	6:32	0.6	6:51	1.8	5:43	6:52	
29	Tue	12:58	5.3	1:47	5.4	7:03	0.9	7:31	1.7	5:43	6:50	
30	Wed	1:42	4.9	2:19	5.4	7:36	1.3	8:17	1.5	5:44	6:49	
31	Thu	2:33	4.6	2:56	5.5	8:14	1.7	9:11	1.4	5:45	6:47	