US HARBORS www.USHarbors.com

Alcatraz Island, CA - Nov 1776

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**4:41**	4.9	**3:10**	5.3	**9:37**	3.1	**10:14**	0.1	6:43	5:17	
2	Sat	**5:49**	4.9	**4:15**	4.9	**11:01**	3.1	**11:19**	0.4	6:44	5:16	
3	Sun	**6:49**	5.0	**5:28**	4.6			**12:17**	2.8	6:45	5:15	
4	Mon	**7:39**	5.1	**6:42**	4.5	**12:20**	0.6	**1:20**	2.4	6:46	5:14	
5	Tue	**8:19**	5.3	**7:48**	4.5	**1:14**	0.8	**2:11**	2.0	6:47	5:13	
6	Wed	**8:51**	5.4	**8:46**	4.5	**2:01**	0.9	**2:54**	1.5	6:48	5:12	
7	Thu	**9:20**	5.5	**9:37**	4.6	**2:40**	1.1	**3:31**	1.1	6:49	5:11	
8	Fri	**9:46**	5.6	**10:24**	4.7	**3:16**	1.4	**4:06**	0.7	6:50	5:10	
9	Sat	**10:11**	5.8	**11:08**	4.7	**3:49**	1.6	**4:38**	0.4	6:52	5:09	
10	Sun	**10:38**	5.9	**11:52**	4.7	**4:21**	1.9	**5:09**	0.1	6:53	5:08	
11	Mon	**11:06**	5.9			**4:53**	2.2	**5:42**	-0.1	6:54	5:08	
12	Tue	**12:36**	4.7	**11:36 AM**	6.0	**5:26**	2.5	**6:16**	-0.3	6:55	5:07	
13	Wed	**1:21**	4.7	**12:08**	5.9	**6:02**	2.7	**6:54**	-0.4	6:56	5:06	
14	Thu	**2:09**	4.6	**12:45**	5.8	**6:42**	3.0	**7:36**	-0.4	6:57	5:05	
15	Fri	**3:02**	4.6	**1:27**	5.7	**7:29**	3.2	**8:24**	-0.4	6:58	5:05	
16	Sat	**3:58**	4.6	**2:18**	5.4	**8:28**	3.3	**9:18**	-0.2	6:59	5:04	
17	Sun	**4:57**	4.7	**3:21**	5.1	**9:44**	3.3	**10:18**	-0.1	7:00	5:03	
18	Mon	**5:54**	4.9	**4:37**	4.9	**11:10**	3.0	**11:21**	0.1	7:01	5:03	
19	Tue	**6:44**	5.2	**6:00**	4.7			**12:27**	2.4	7:02	5:02	
20	Wed	**7:29**	5.5	**7:20**	4.7	**12:21**	0.3	**1:30**	1.7	7:03	5:02	
21	Thu	**8:10**	5.9	**8:33**	4.8	**1:18**	0.6	**2:24**	0.9	7:04	5:01	
22	Fri	**8:50**	6.3	**9:39**	5.0	**2:09**	0.9	**3:13**	0.2	7:05	5:01	
23	Sat	**9:29**	6.6	**10:40**	5.1	**2:58**	1.2	**4:01**	-0.5	7:06	5:00	
24	Sun	**10:08**	6.8	**11:37**	5.2	**3:46**	1.6	**4:47**	-0.9	7:07	5:00	
25	Mon	**10:48**	6.8			**4:33**	2.0	**5:32**	-1.2	7:08	4:59	
26	Tue	**12:33**	5.2	**11:29 AM**	6.7	**5:21**	2.3	**6:17**	-1.2	7:10	4:59	
27	Wed	**1:27**	5.2	**12:11**	6.5	**6:11**	2.6	**7:03**	-1.1	7:11	4:59	
28	Thu	**2:20**	5.1	**12:55**	6.1	**7:04**	2.9	**7:50**	-0.8	7:11	4:58	
29	Fri	**3:15**	5.1	**1:41**	5.7	**8:02**	3.1	**8:39**	-0.4	7:12	4:58	
30	Sat	**4:10**	5.0	**2:32**	5.2	**9:10**	3.1	**9:30**	0.0	7:13	4:58	