US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1778

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:11	4.8	12:31	6.0	6:37	3.2	7:27	-0.7	7:32	5:09	
2	Fri	2:49	4.8	1:14	5.7	7:24	3.1	8:07	-0.6	7:33	5:10	
3	Sat	3:28	4.9	2:03	5.3	8:20	3.0	8:50	-0.2	7:33	5:10	
4	Sun	4:09	5.1	3:02	4.8	9:26	2.7	9:37	0.2	7:33	5:11	
5	Mon	4:51	5.3	4:17	4.4	10:41	2.3	10:28	0.8	7:33	5:12	
6	Tue	5:35	5.6	5:50	4.0	11:57	1.7	11:25	1.4	7:33	5:13	
7	Wed	6:21	5.9	7:26	4.0			1:05	0.9	7:33	5:14	
8	Thu	7:08	6.3	8:51	4.2	12:25	1.9	2:05	0.2	7:33	5:15	
9	Fri	7:56	6.6	10:00	4.5	1:26	2.3	2:59	-0.5	7:32	5:16	
10	Sat	8:44	6.9	10:57	4.8	2:25	2.6	3:49	-1.0	7:32	5:17	
11	Sun	9:33	7.0	11:48	5.1	3:22	2.8	4:37	-1.3	7:32	5:18	
12	Mon	10:22	7.0			4:17	2.8	5:23	-1.5	7:32	5:19	
13	Tue	12:35	5.2	11:11 AM	6.9	5:10	2.8	6:08	-1.4	7:32	5:20	
14	Wed	1:19	5.3	11:59 AM	6.6	6:02	2.7	6:51	-1.2	7:31	5:21	
15	Thu	2:02	5.3	12:46	6.2	6:55	2.6	7:33	-0.8	7:31	5:22	
16	Fri	2:43	5.3	1:34	5.6	7:50	2.5	8:15	-0.3	7:31	5:23	
17	Sat	3:24	5.3	2:25	5.0	8:49	2.4	8:57	0.3	7:30	5:24	
18	Sun	4:05	5.3	3:22	4.4	9:54	2.3	9:41	0.9	7:30	5:25	
19	Mon	4:46	5.3	4:34	3.9	11:04	2.0	10:28	1.5	7:29	5:26	
20	Tue	5:27	5.3	6:06	3.6			12:12	1.7	7:29	5:27	
21	Wed	6:09	5.4	7:47	3.6			1:14	1.2	7:28	5:28	
22	Thu	6:52	5.5	9:06	3.9	12:23	2.6	2:07	0.8	7:28	5:29	
23	Fri	7:35	5.7	10:02	4.2	1:24	2.9	2:53	0.4	7:27	5:30	
24	Sat	8:18	5.9	10:46	4.4	2:18	3.1	3:33	0.0	7:26	5:32	
25	Sun	8:59	6.0	11:23	4.6	3:05	3.1	4:10	-0.3	7:26	5:33	
26	Mon	9:40	6.2	11:56	4.7	3:47	3.1	4:44	-0.5	7:25	5:34	
27	Tue	10:20	6.3			4:25	3.0	5:18	-0.7	7:24	5:35	
28	Wed	12:28	4.8	11:00 AM	6.3	5:03	2.9	5:52	-0.8	7:24	5:36	
29	Thu	12:59	4.9	11:41 AM	6.2	5:41	2.7	6:27	-0.8	7:23	5:37	
30	Fri	1:32	5.0	12:23	6.0	6:23	2.5	7:03	-0.7	7:22	5:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	**2:05**	5.1	**1:09**	5.7	**7:09**	2.3	**7:40**	-0.4	7:21	5:39	●