US HARBORS www.USHarbors.com

Alcatraz Island, CA - Nov 1778

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**9:12**	5.5	**9:14**	5.0	**2:26**	0.6	**3:10**	1.3	6:42	5:18	
2	Mon	**9:41**	5.8	**10:09**	5.1	**3:05**	0.7	**3:49**	0.6	6:43	5:17	
3	Tue	**10:12**	6.1	**11:04**	5.2	**3:44**	1.0	**4:30**	0.0	6:45	5:15	
4	Wed	**10:45**	6.4			**4:24**	1.4	**5:12**	-0.6	6:46	5:14	
5	Thu	**12:00**	5.2	**11:21 AM**	6.6	**5:05**	1.8	**5:58**	-1.0	6:47	5:13	
6	Fri	**12:58**	5.1	**12:00**	6.7	**5:49**	2.3	**6:47**	-1.2	6:48	5:12	
7	Sat	**1:58**	5.0	**12:44**	6.6	**6:37**	2.7	**7:39**	-1.1	6:49	5:12	
8	Sun	**3:01**	4.9	**1:35**	6.4	**7:32**	3.0	**8:37**	-0.9	6:50	5:11	
9	Mon	**4:09**	4.9	**2:33**	6.0	**8:41**	3.2	**9:40**	-0.6	6:51	5:10	
10	Tue	**5:18**	4.9	**3:41**	5.5	**10:07**	3.2	**10:48**	-0.3	6:52	5:09	
11	Wed	**6:21**	5.1	**4:59**	5.1	**11:37**	2.9	**11:55**	0.0	6:53	5:08	
12	Thu	**7:15**	5.3	**6:21**	4.9			**12:53**	2.4	6:54	5:07	
13	Fri	**8:00**	5.6	**7:37**	4.7	**12:55**	0.3	**1:55**	1.8	6:55	5:06	
14	Sat	**8:40**	5.8	**8:45**	4.7	**1:47**	0.6	**2:47**	1.2	6:56	5:06	
15	Sun	**9:14**	6.0	**9:45**	4.7	**2:32**	0.9	**3:31**	0.7	6:57	5:05	
16	Mon	**9:45**	6.0	**10:39**	4.7	**3:13**	1.3	**4:11**	0.3	6:59	5:04	
17	Tue	**10:14**	6.1	**11:29**	4.7	**3:51**	1.8	**4:48**	0.0	7:00	5:04	
18	Wed	**10:40**	6.1			**4:27**	2.2	**5:22**	-0.2	7:01	5:03	
19	Thu	**12:17**	4.7	**11:07 AM**	6.0	**5:02**	2.6	**5:55**	-0.3	7:02	5:02	
20	Fri	**1:02**	4.7	**11:35 AM**	5.9	**5:37**	2.9	**6:29**	-0.4	7:03	5:02	
21	Sat	**1:48**	4.6	**12:05**	5.8	**6:14**	3.2	**7:04**	-0.3	7:04	5:01	
22	Sun	**2:33**	4.5	**12:38**	5.6	**6:53**	3.4	**7:43**	-0.2	7:05	5:01	
23	Mon	**3:22**	4.5	**1:17**	5.4	**7:38**	3.5	**8:25**	-0.1	7:06	5:00	
24	Tue	**4:13**	4.5	**2:02**	5.1	**8:35**	3.6	**9:13**	0.1	7:07	5:00	
25	Wed	**5:05**	4.5	**2:57**	4.8	**9:50**	3.6	**10:06**	0.3	7:08	4:59	
26	Thu	**5:53**	4.7	**4:04**	4.5	**11:13**	3.3	**11:02**	0.5	7:09	4:59	
27	Fri	**6:35**	4.9	**5:21**	4.3			**12:22**	2.9	7:10	4:59	
28	Sat	**7:12**	5.2	**6:41**	4.2			**1:16**	2.2	7:11	4:59	
29	Sun	**7:46**	5.5	**7:56**	4.3	**12:48**	0.9	**2:03**	1.5	7:12	4:58	
30	Mon	**8:19**	5.9	**9:04**	4.5	**1:36**	1.1	**2:46**	0.7	7:13	4:58	