US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1779

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:08	5.8	2:40	4.6	7:13	-0.5	7:07	3.3	4:57	7:42	
2	Fri	12:46	5.6	3:14	4.6	7:48	-0.4	7:53	3.2	4:58	7:42	
3	Sat	1:27	5.3	3:49	4.7	8:25	-0.2	8:47	3.1	4:58	7:42	
4	Sun	2:12	4.9	4:24	4.9	9:03	0.1	9:50	2.9	4:59	7:42	
5	Mon	3:05	4.5	5:00	5.1	9:44	0.5	10:58	2.5	4:59	7:41	
6	Tue	4:13	4.1	5:38	5.4	10:29	1.0			5:00	7:41	
7	Wed	5:39	3.8	6:16	5.7	12:04	1.9	11:19 AM	1.5	5:00	7:41	
8	Thu	7:13	3.7	6:57	6.0	1:03	1.3	12:13	2.0	5:01	7:41	
9	Fri	8:39	3.9	7:40	6.4	1:56	0.5	1:09	2.4	5:02	7:40	
10	Sat	9:50	4.2	8:26	6.7	2:46	-0.2	2:05	2.8	5:02	7:40	
11	Sun	10:50	4.5	9:15	7.0	3:35	-0.8	3:00	3.0	5:03	7:40	
12	Mon	11:42	4.8	10:06	7.2	4:24	-1.3	3:55	3.0	5:04	7:39	
13	Tue			12:30	5.0	5:13	-1.6	4:50	3.0	5:04	7:39	
14	Wed			1:16	5.1	6:01	-1.7	5:47	2.8	5:05	7:38	
15	Thu			2:01	5.3	6:49	-1.6	6:45	2.6	5:06	7:38	
16	Fri	12:45	6.7	2:45	5.4	7:36	-1.2	7:48	2.5	5:06	7:37	
17	Sat	1:41	6.1	3:30	5.5	8:23	-0.7	8:56	2.2	5:07	7:37	
18	Sun	2:41	5.4	4:15	5.7	9:11	-0.1	10:09	1.9	5:08	7:36	
19	Mon	3:50	4.7	5:00	5.8	10:00	0.7	11:24	1.6	5:09	7:35	
20	Tue	5:11	4.2	5:47	5.9	10:53	1.4			5:09	7:35	
21	Wed	6:45	3.9	6:33	6.0	12:34	1.1	11:50 AM	2.1	5:10	7:34	
22	Thu	8:17	4.0	7:18	6.1	1:37	0.7	12:50	2.6	5:11	7:33	
23	Fri	9:30	4.2	8:02	6.1	2:31	0.3	1:49	2.9	5:12	7:33	
24	Sat	10:27	4.5	8:44	6.1	3:18	0.0	2:43	3.2	5:12	7:32	
25	Sun	11:13	4.6	9:24	6.2	3:59	-0.2	3:31	3.2	5:13	7:31	
26	Mon	11:52	4.7	10:03	6.2	4:36	-0.3	4:13	3.2	5:14	7:30	
27	Tue			12:26	4.8	5:11	-0.4	4:52	3.2	5:15	7:30	
28	Wed			12:56	4.8	5:43	-0.4	5:28	3.1	5:16	7:29	
29	Thu			1:25	4.8	6:15	-0.4	6:04	3.0	5:17	7:28	
30	Fri			1:52	4.9	6:45	-0.3	6:42	2.9	5:17	7:27	
31	Sat	12:32	5.7	2:21	5.0	7:16	-0.1	7:23	2.7	5:18	7:26	