US HARBORS www.USHarbors.com

Alcatraz Island, CA - Oct 1779

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**4:26**	4.3	**3:02**	5.8	**8:45**	3.1	**10:11**	0.2	6:12	6:00	
2	Sat	**5:55**	4.3	**4:06**	5.7	**10:00**	3.4	**11:27**	0.1	6:13	5:58	
3	Sun	**7:14**	4.5	**5:22**	5.7	**11:34**	3.4			6:14	5:57	
4	Mon	**8:12**	4.8	**6:39**	5.7	**12:40**	-0.1	**12:56**	3.1	6:15	5:55	
5	Tue	**8:56**	5.1	**7:50**	5.8	**1:42**	-0.2	**2:01**	2.6	6:16	5:54	
6	Wed	**9:34**	5.4	**8:53**	5.9	**2:35**	-0.3	**2:55**	1.9	6:16	5:52	
7	Thu	**10:10**	5.6	**9:52**	5.9	**3:21**	-0.2	**3:44**	1.3	6:17	5:51	
8	Fri	**10:44**	5.9	**10:47**	5.8	**4:03**	0.1	**4:31**	0.8	6:18	5:49	
9	Sat	**11:17**	6.0	**11:40**	5.6	**4:42**	0.4	**5:16**	0.3	6:19	5:48	
10	Sun	**11:49**	6.1			**5:21**	1.0	**6:01**	0.1	6:20	5:46	
11	Mon	**12:34**	5.3	**12:20**	6.1	**5:59**	1.5	**6:45**	-0.1	6:21	5:45	
12	Tue	**1:29**	5.0	**12:53**	6.0	**6:38**	2.1	**7:29**	-0.1	6:22	5:43	
13	Wed	**2:28**	4.7	**1:27**	5.8	**7:21**	2.7	**8:17**	0.1	6:23	5:42	
14	Thu	**3:33**	4.5	**2:04**	5.5	**8:10**	3.1	**9:09**	0.3	6:24	5:40	
15	Fri	**4:49**	4.4	**2:50**	5.2	**9:14**	3.5	**10:10**	0.5	6:25	5:39	
16	Sat	**6:11**	4.4	**3:49**	4.9	**10:43**	3.6	**11:17**	0.6	6:26	5:38	
17	Sun	**7:17**	4.5	**5:00**	4.8			**12:08**	3.5	6:27	5:36	
18	Mon	**8:04**	4.7	**6:14**	4.7	**12:22**	0.6	**1:11**	3.1	6:28	5:35	
19	Tue	**8:38**	4.8	**7:19**	4.8	**1:18**	0.6	**2:01**	2.7	6:29	5:34	
20	Wed	**9:06**	5.0	**8:16**	4.9	**2:03**	0.6	**2:42**	2.3	6:30	5:32	
21	Thu	**9:30**	5.2	**9:07**	5.0	**2:42**	0.6	**3:18**	1.8	6:31	5:31	
22	Fri	**9:54**	5.4	**9:55**	5.0	**3:16**	0.7	**3:52**	1.3	6:32	5:30	
23	Sat	**10:19**	5.6	**10:42**	5.0	**3:48**	0.9	**4:25**	0.8	6:33	5:28	
24	Sun	**10:44**	5.8	**11:31**	5.0	**4:19**	1.2	**4:59**	0.3	6:34	5:27	
25	Mon	**11:12**	6.0			**4:52**	1.6	**5:36**	-0.1	6:35	5:26	
26	Tue	**12:21**	4.9	**11:42 AM**	6.2	**5:26**	2.0	**6:16**	-0.4	6:36	5:25	
27	Wed	**1:15**	4.8	**12:15**	6.3	**6:04**	2.4	**7:00**	-0.6	6:37	5:24	
28	Thu	**2:13**	4.7	**12:54**	6.2	**6:46**	2.8	**7:50**	-0.6	6:38	5:22	
29	Fri	**3:18**	4.6	**1:41**	6.1	**7:36**	3.2	**8:47**	-0.6	6:39	5:21	
30	Sat	**4:30**	4.6	**2:38**	5.8	**8:40**	3.5	**9:52**	-0.4	6:40	5:20	
31	Sun	**5:43**	4.6	**3:48**	5.5	**10:08**	3.5	**11:03**	-0.2	6:41	5:19	