US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1780

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			1:05	5.2	5:59	-1.4	5:50	2.5	5:20	7:24	
2	Wed			1:44	5.4	6:43	-1.2	6:46	2.2	5:21	7:23	
3	Thu	12:50	6.5	2:23	5.6	7:26	-0.7	7:46	1.9	5:22	7:22	
4	Fri	1:48	5.9	3:03	5.8	8:09	-0.1	8:52	1.6	5:22	7:21	
5	Sat	2:51	5.2	3:46	6.0	8:54	0.6	10:02	1.3	5:23	7:20	
6	Sun	4:06	4.5	4:32	6.1	9:43	1.4	11:17	0.9	5:24	7:19	
7	Mon	5:37	4.1	5:22	6.2	10:40	2.2			5:25	7:18	
8	Tue	7:19	4.1	6:16	6.2	12:30	0.6	11:47 AM	2.8	5:26	7:17	
9	Wed	8:44	4.3	7:11	6.2	1:36	0.3	1:00	3.1	5:27	7:16	
10	Thu	9:47	4.6	8:04	6.2	2:33	0.0	2:05	3.3	5:28	7:14	
11	Fri	10:35	4.8	8:54	6.2	3:23	-0.2	3:01	3.2	5:28	7:13	
12	Sat	11:15	4.9	9:39	6.2	4:05	-0.3	3:49	3.1	5:29	7:12	
13	Sun	11:50	4.9	10:20	6.2	4:43	-0.3	4:30	3.0	5:30	7:11	
14	Mon			12:21	4.9	5:17	-0.3	5:08	2.8	5:31	7:10	
15	Tue			12:48	4.9	5:48	-0.2	5:43	2.6	5:32	7:08	
16	Wed			1:12	5.0	6:17	0.0	6:19	2.5	5:33	7:07	
17	Thu	12:13	5.6	1:36	5.0	6:45	0.2	6:56	2.3	5:34	7:06	
18	Fri	12:51	5.3	2:00	5.1	7:13	0.6	7:36	2.1	5:35	7:04	
19	Sat	1:32	4.9	2:27	5.3	7:42	1.0	8:20	1.9	5:35	7:03	
20	Sun	2:20	4.5	2:57	5.4	8:13	1.6	9:12	1.7	5:36	7:02	
21	Mon	3:20	4.1	3:32	5.5	8:48	2.1	10:12	1.5	5:37	7:00	
22	Tue	4:44	3.8	4:14	5.6	9:31	2.7	11:21	1.2	5:38	6:59	
23	Wed	6:32	3.8	5:06	5.7	10:32	3.2			5:39	6:58	
24	Thu	8:08	4.0	6:07	5.9	12:31	0.8	11:51 AM	3.4	5:40	6:56	
25	Fri	9:11	4.3	7:10	6.2	1:34	0.3	1:07	3.5	5:41	6:55	
26	Sat	9:55	4.6	8:10	6.5	2:30	-0.2	2:10	3.3	5:41	6:53	
27	Sun	10:34	4.9	9:08	6.7	3:20	-0.7	3:05	2.9	5:42	6:52	
28	Mon	11:10	5.1	10:03	6.9	4:06	-0.9	3:56	2.4	5:43	6:51	
29	Tue	11:46	5.3	10:57	6.8	4:50	-1.0	4:47	2.0	5:44	6:49	
30	Wed			12:21	5.6	5:32	-0.8	5:39	1.5	5:45	6:48	
31	Thu			12:57	5.9	6:13	-0.4	6:32	1.1	5:46	6:46	