US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1781

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**8:41**	4.0	**7:48**	6.6	**2:02**	0.1	**1:11**	2.3	4:57	7:42	
2	Mon	**9:56**	4.3	**8:34**	6.8	**2:56**	-0.5	**2:09**	2.7	4:58	7:42	
3	Tue	**10:58**	4.5	**9:20**	6.9	**3:46**	-1.0	**3:06**	3.0	4:58	7:42	
4	Wed	**11:51**	4.8	**10:07**	6.8	**4:33**	-1.2	**4:01**	3.2	4:59	7:41	
5	Thu			**12:39**	4.9	**5:18**	-1.3	**4:53**	3.2	5:00	7:41	
6	Fri			**1:22**	4.9	**6:01**	-1.2	**5:45**	3.2	5:00	7:41	
7	Sat			**2:03**	4.9	**6:43**	-1.1	**6:35**	3.1	5:01	7:41	
8	Sun	**12:22**	6.1	**2:42**	4.9	**7:23**	-0.8	**7:27**	3.0	5:01	7:40	
9	Mon	**1:06**	5.7	**3:19**	4.9	**8:01**	-0.4	**8:21**	2.9	5:02	7:40	
10	Tue	**1:50**	5.2	**3:53**	5.0	**8:39**	0.0	**9:21**	2.7	5:03	7:40	
11	Wed	**2:40**	4.6	**4:27**	5.0	**9:17**	0.5	**10:26**	2.5	5:03	7:39	
12	Thu	**3:38**	4.1	**5:00**	5.2	**9:56**	1.1	**11:33**	2.1	5:04	7:39	
13	Fri	**4:54**	3.7	**5:35**	5.3	**10:39**	1.7			5:05	7:38	
14	Sat	**6:31**	3.4	**6:13**	5.5	**12:36**	1.7	**11:28 AM**	2.3	5:05	7:38	
15	Sun	**8:11**	3.6	**6:53**	5.7	**1:31**	1.2	**12:22**	2.8	5:06	7:37	
16	Mon	**9:29**	3.8	**7:35**	5.9	**2:19**	0.7	**1:19**	3.1	5:07	7:37	
17	Tue	**10:24**	4.1	**8:18**	6.1	**3:02**	0.2	**2:13**	3.3	5:07	7:36	
18	Wed	**11:08**	4.4	**9:03**	6.4	**3:43**	-0.2	**3:02**	3.4	5:08	7:36	
19	Thu	**11:47**	4.6	**9:48**	6.5	**4:22**	-0.6	**3:48**	3.4	5:09	7:35	
20	Fri			**12:23**	4.7	**5:01**	-0.9	**4:33**	3.3	5:10	7:34	
21	Sat			**12:59**	4.9	**5:41**	-1.1	**5:18**	3.1	5:11	7:34	
22	Sun			**1:34**	5.0	**6:20**	-1.2	**6:07**	2.9	5:11	7:33	
23	Mon	**12:07**	6.5	**2:09**	5.2	**7:00**	-1.0	**7:00**	2.6	5:12	7:32	
24	Tue	**12:58**	6.2	**2:45**	5.4	**7:40**	-0.7	**7:59**	2.3	5:13	7:32	
25	Wed	**1:53**	5.6	**3:23**	5.6	**8:21**	-0.2	**9:04**	1.9	5:14	7:31	
26	Thu	**2:56**	5.0	**4:03**	5.9	**9:04**	0.5	**10:16**	1.5	5:15	7:30	
27	Fri	**4:13**	4.4	**4:47**	6.1	**9:51**	1.3	**11:31**	1.0	5:15	7:29	
28	Sat	**5:47**	4.0	**5:36**	6.3	**10:46**	2.1			5:16	7:28	
29	Sun	**7:30**	3.9	**6:28**	6.5	**12:43**	0.5	**11:50 AM**	2.7	5:17	7:27	
30	Mon	**8:57**	4.2	**7:23**	6.6	**1:48**	0.0	**1:00**	3.1	5:18	7:26	
31	Tue	**10:01**	4.6	**8:18**	6.6	**2:46**	-0.4	**2:08**	3.3	5:19	7:25	