US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1782

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**3:42**	4.4	**5:17**	5.3	**10:08**	0.6	**11:35**	2.0	4:57	7:42	
2	Tue	**4:58**	3.9	**5:56**	5.5	**10:54**	1.2			4:58	7:42	
3	Wed	**6:29**	3.6	**6:33**	5.6	**12:42**	1.5	**11:44 AM**	1.9	4:58	7:42	
4	Thu	**8:05**	3.6	**7:09**	5.7	**1:39**	1.0	**12:36**	2.4	4:59	7:41	
5	Fri	**9:24**	3.8	**7:46**	5.9	**2:28**	0.6	**1:29**	2.9	4:59	7:41	
6	Sat	**10:24**	4.1	**8:24**	6.0	**3:11**	0.2	**2:20**	3.2	5:00	7:41	
7	Sun	**11:12**	4.3	**9:03**	6.1	**3:51**	-0.1	**3:07**	3.4	5:01	7:41	
8	Mon	**11:52**	4.5	**9:42**	6.2	**4:27**	-0.3	**3:51**	3.4	5:01	7:41	
9	Tue			**12:28**	4.6	**5:02**	-0.5	**4:31**	3.4	5:02	7:40	
10	Wed			**1:01**	4.6	**5:37**	-0.7	**5:10**	3.4	5:02	7:40	
11	Thu			**1:34**	4.7	**6:11**	-0.8	**5:50**	3.3	5:03	7:39	
12	Fri			**2:05**	4.8	**6:45**	-0.8	**6:33**	3.1	5:04	7:39	
13	Sat	**12:23**	6.0	**2:37**	4.9	**7:20**	-0.7	**7:21**	2.9	5:04	7:39	
14	Sun	**1:08**	5.7	**3:10**	5.1	**7:56**	-0.5	**8:16**	2.6	5:05	7:38	
15	Mon	**1:57**	5.2	**3:44**	5.3	**8:33**	0.0	**9:19**	2.3	5:06	7:38	
16	Tue	**2:57**	4.7	**4:21**	5.6	**9:14**	0.6	**10:28**	1.8	5:07	7:37	
17	Wed	**4:12**	4.2	**5:00**	5.9	**9:59**	1.3	**11:40**	1.2	5:07	7:37	
18	Thu	**5:48**	3.8	**5:45**	6.2	**10:50**	2.0			5:08	7:36	
19	Fri	**7:33**	3.8	**6:34**	6.5	**12:49**	0.5	**11:51 AM**	2.6	5:09	7:35	
20	Sat	**9:02**	4.1	**7:27**	6.7	**1:51**	-0.1	**12:58**	3.0	5:10	7:35	
21	Sun	**10:09**	4.4	**8:22**	6.9	**2:49**	-0.7	**2:04**	3.2	5:10	7:34	
22	Mon	**11:02**	4.7	**9:17**	7.0	**3:42**	-1.1	**3:07**	3.2	5:11	7:33	
23	Tue	**11:48**	4.9	**10:10**	7.0	**4:31**	-1.3	**4:04**	3.1	5:12	7:33	
24	Wed			**12:30**	5.1	**5:18**	-1.3	**4:59**	2.9	5:13	7:32	
25	Thu			**1:10**	5.2	**6:01**	-1.2	**5:52**	2.7	5:14	7:31	
26	Fri			**1:47**	5.2	**6:43**	-1.0	**6:45**	2.5	5:14	7:30	
27	Sat	**12:39**	6.1	**2:23**	5.3	**7:22**	-0.5	**7:39**	2.4	5:15	7:29	
28	Sun	**1:28**	5.5	**2:58**	5.4	**7:59**	0.0	**8:36**	2.2	5:16	7:28	
29	Mon	**2:19**	4.9	**3:31**	5.4	**8:36**	0.6	**9:36**	2.0	5:17	7:28	
30	Tue	**3:18**	4.3	**4:06**	5.5	**9:15**	1.4	**10:42**	1.8	5:18	7:27	
31	Wed	**4:33**	3.8	**4:43**	5.5	**9:57**	2.1	**11:49**	1.5	5:19	7:26	