US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1783

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**9:47**	6.3	**11:26**	5.2	**3:47**	2.3	**4:32**	-0.9	6:48	6:10	
2	Sun	**10:39**	6.2	**11:57**	5.4	**4:36**	1.8	**5:10**	-0.7	6:46	6:11	
3	Mon	**11:29**	5.9			**5:23**	1.4	**5:46**	-0.3	6:45	6:12	
4	Tue	**12:28**	5.6	**12:17**	5.5	**6:08**	1.0	**6:20**	0.2	6:43	6:13	
5	Wed	**12:57**	5.6	**1:06**	5.1	**6:53**	0.8	**6:54**	0.8	6:42	6:14	
6	Thu	**1:25**	5.7	**1:58**	4.6	**7:37**	0.7	**7:27**	1.5	6:40	6:15	
7	Fri	**1:54**	5.6	**2:56**	4.2	**8:24**	0.6	**8:02**	2.1	6:39	6:16	
8	Sat	**2:24**	5.5	**4:08**	3.8	**9:15**	0.7	**8:42**	2.7	6:37	6:17	
9	Sun	**2:59**	5.4	**5:48**	3.7	**10:15**	0.7	**9:36**	3.2	6:36	6:18	
10	Mon	**3:45**	5.2	**7:38**	3.8	**11:26**	0.7	**11:05**	3.5	6:34	6:19	
11	Tue	**4:45**	5.0	**8:43**	4.0			**12:39**	0.6	6:33	6:20	
12	Wed	**5:56**	5.0	**9:22**	4.2	**12:38**	3.5	**1:42**	0.4	6:31	6:21	
13	Thu	**7:04**	5.1	**9:51**	4.4	**1:43**	3.2	**2:31**	0.2	6:30	6:22	
14	Fri	**8:03**	5.2	**10:16**	4.5	**2:32**	2.9	**3:11**	0.0	6:28	6:23	
15	Sat	**8:53**	5.4	**10:40**	4.7	**3:13**	2.5	**3:45**	-0.1	6:27	6:24	
16	Sun	**9:40**	5.5	**11:03**	4.9	**3:50**	2.1	**4:16**	-0.2	6:25	6:25	
17	Mon	**10:25**	5.5	**11:27**	5.2	**4:26**	1.6	**4:46**	0.0	6:24	6:25	
18	Tue	**11:11**	5.4	**11:51**	5.4	**5:02**	1.1	**5:16**	0.2	6:22	6:26	
19	Wed	**11:59**	5.2			**5:41**	0.6	**5:47**	0.6	6:21	6:27	
20	Thu	**12:18**	5.7	**12:50**	5.0	**6:23**	0.2	**6:20**	1.2	6:19	6:28	
21	Fri	**12:47**	5.9	**1:47**	4.6	**7:08**	-0.1	**6:55**	1.8	6:18	6:29	
22	Sat	**1:20**	6.0	**2:52**	4.3	**7:58**	-0.3	**7:35**	2.3	6:16	6:30	
23	Sun	**2:00**	6.1	**4:11**	4.0	**8:56**	-0.4	**8:23**	2.9	6:15	6:31	
24	Mon	**2:48**	5.9	**5:46**	4.0	**10:04**	-0.3	**9:32**	3.3	6:13	6:32	
25	Tue	**3:51**	5.7	**7:15**	4.1	**11:21**	-0.3	**11:12**	3.4	6:12	6:33	
26	Wed	**5:08**	5.5	**8:16**	4.4			**12:38**	-0.4	6:10	6:34	
27	Thu	**6:29**	5.5	**9:01**	4.7	**12:48**	3.1	**1:43**	-0.5	6:09	6:35	
28	Fri	**7:43**	5.5	**9:38**	5.0	**1:59**	2.6	**2:36**	-0.5	6:07	6:36	
29	Sat	**8:48**	5.5	**10:12**	5.3	**2:56**	2.0	**3:21**	-0.4	6:06	6:36	
30	Sun	**9:45**	5.4	**10:43**	5.5	**3:45**	1.4	**4:00**	-0.1	6:04	6:37	
31	Mon	**10:38**	5.3	**11:12**	5.6	**4:30**	0.8	**4:36**	0.2	6:02	6:38	