US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1784

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**6:39**	6.1	**8:32**	3.9			**1:51**	0.4	7:32	5:08	
2	Fri	**7:24**	6.2	**9:45**	4.2	**12:53**	2.6	**2:45**	0.0	7:33	5:09	
3	Sat	**8:07**	6.2	**10:41**	4.5	**1:53**	3.0	**3:31**	-0.3	7:33	5:10	
4	Sun	**8:49**	6.2	**11:27**	4.7	**2:48**	3.2	**4:11**	-0.5	7:33	5:11	
5	Mon	**9:30**	6.2			**3:38**	3.3	**4:48**	-0.6	7:33	5:12	
6	Tue	**12:07**	4.8	**10:08 AM**	6.2	**4:22**	3.3	**5:23**	-0.6	7:33	5:13	
7	Wed	**12:42**	4.8	**10:46 AM**	6.1	**5:01**	3.3	**5:55**	-0.6	7:33	5:14	
8	Thu	**1:14**	4.7	**11:23 AM**	6.0	**5:39**	3.2	**6:26**	-0.6	7:33	5:14	
9	Fri	**1:43**	4.7	**11:59 AM**	5.8	**6:16**	3.0	**6:56**	-0.4	7:32	5:15	
10	Sat	**2:10**	4.8	**12:36**	5.5	**6:55**	2.9	**7:25**	-0.2	7:32	5:16	
11	Sun	**2:37**	4.8	**1:14**	5.2	**7:38**	2.8	**7:55**	0.1	7:32	5:17	
12	Mon	**3:06**	5.0	**1:58**	4.7	**8:27**	2.6	**8:26**	0.5	7:32	5:18	
13	Tue	**3:36**	5.1	**2:51**	4.2	**9:24**	2.3	**9:01**	1.1	7:32	5:19	
14	Wed	**4:08**	5.3	**4:03**	3.7	**10:28**	2.0	**9:40**	1.7	7:31	5:20	
15	Thu	**4:45**	5.5	**5:45**	3.5	**11:37**	1.5	**10:28**	2.4	7:31	5:21	
16	Fri	**5:28**	5.8	**7:40**	3.6			**12:43**	0.8	7:31	5:22	
17	Sat	**6:18**	6.0	**9:08**	3.9			**1:44**	0.2	7:30	5:24	
18	Sun	**7:12**	6.3	**10:08**	4.3	**12:44**	3.3	**2:39**	-0.5	7:30	5:25	
19	Mon	**8:08**	6.7	**10:55**	4.6	**1:54**	3.4	**3:30**	-1.0	7:29	5:26	
20	Tue	**9:05**	6.9	**11:36**	4.9	**2:56**	3.3	**4:18**	-1.5	7:29	5:27	
21	Wed	**9:59**	7.1			**3:52**	3.0	**5:05**	-1.7	7:28	5:28	
22	Thu	**12:15**	5.1	**10:53 AM**	7.1	**4:47**	2.7	**5:49**	-1.7	7:28	5:29	
23	Fri	**12:53**	5.3	**11:46 AM**	6.9	**5:41**	2.4	**6:32**	-1.4	7:27	5:30	
24	Sat	**1:31**	5.5	**12:39**	6.4	**6:37**	2.0	**7:14**	-1.0	7:27	5:31	
25	Sun	**2:09**	5.6	**1:34**	5.8	**7:35**	1.7	**7:54**	-0.3	7:26	5:32	
26	Mon	**2:47**	5.8	**2:35**	5.0	**8:38**	1.5	**8:36**	0.5	7:25	5:33	
27	Tue	**3:27**	5.9	**3:45**	4.3	**9:45**	1.2	**9:20**	1.3	7:25	5:34	
28	Wed	**4:09**	6.0	**5:13**	3.8	**10:58**	1.0	**10:10**	2.1	7:24	5:36	
29	Thu	**4:56**	5.9	**7:02**	3.7			**12:13**	0.7	7:23	5:37	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Fri	**5:47**	5.9	**8:37**	4.0			**1:22**	0.4	7:22	5:38	
31	Sat	**6:42**	5.8	**9:42**	4.3	**12:31**	3.2	**2:22**	0.2	7:21	5:39	