US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1784

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**11:38**	4.5	**9:45**	6.9	**4:12**	-1.1	**3:33**	3.3	4:58	7:42	
2	Fri			**12:22**	4.7	**4:59**	-1.5	**4:27**	3.2	4:58	7:42	
3	Sat			**1:04**	4.9	**5:45**	-1.7	**5:21**	3.0	4:59	7:42	
4	Sun			**1:46**	5.0	**6:31**	-1.7	**6:18**	2.8	4:59	7:41	
5	Mon	**12:21**	6.7	**2:26**	5.2	**7:16**	-1.5	**7:19**	2.5	5:00	7:41	
6	Tue	**1:16**	6.2	**3:07**	5.4	**8:01**	-1.0	**8:26**	2.2	5:00	7:41	
7	Wed	**2:16**	5.6	**3:49**	5.7	**8:46**	-0.4	**9:38**	1.9	5:01	7:41	
8	Thu	**3:23**	4.8	**4:33**	5.9	**9:32**	0.4	**10:55**	1.4	5:01	7:40	
9	Fri	**4:43**	4.2	**5:18**	6.1	**10:21**	1.2			5:02	7:40	
10	Sat	**6:17**	3.8	**6:04**	6.2	**12:09**	0.9	**11:16 AM**	1.9	5:03	7:40	
11	Sun	**7:56**	3.9	**6:53**	6.3	**1:17**	0.4	**12:17**	2.6	5:03	7:39	
12	Mon	**9:17**	4.1	**7:41**	6.4	**2:16**	0.0	**1:21**	3.0	5:04	7:39	
13	Tue	**10:19**	4.4	**8:28**	6.4	**3:08**	-0.3	**2:22**	3.2	5:05	7:38	
14	Wed	**11:08**	4.6	**9:13**	6.3	**3:53**	-0.5	**3:16**	3.3	5:05	7:38	
15	Thu	**11:50**	4.8	**9:55**	6.3	**4:34**	-0.6	**4:04**	3.3	5:06	7:37	
16	Fri			**12:27**	4.8	**5:11**	-0.6	**4:47**	3.2	5:07	7:37	
17	Sat			**1:00**	4.8	**5:45**	-0.6	**5:27**	3.1	5:08	7:36	
18	Sun			**1:29**	4.8	**6:16**	-0.5	**6:06**	3.0	5:08	7:36	
19	Mon			**1:56**	4.8	**6:46**	-0.3	**6:46**	2.8	5:09	7:35	
20	Tue	**12:27**	5.6	**2:22**	4.9	**7:15**	-0.1	**7:28**	2.7	5:10	7:34	
21	Wed	**1:06**	5.2	**2:48**	5.0	**7:43**	0.2	**8:14**	2.5	5:11	7:34	
22	Thu	**1:49**	4.8	**3:16**	5.2	**8:13**	0.7	**9:06**	2.3	5:12	7:33	
23	Fri	**2:39**	4.3	**3:46**	5.4	**8:44**	1.2	**10:05**	2.0	5:12	7:32	
24	Sat	**3:44**	3.9	**4:21**	5.5	**9:20**	1.8	**11:10**	1.6	5:13	7:31	
25	Sun	**5:14**	3.5	**5:03**	5.7	**10:03**	2.4			5:14	7:31	
26	Mon	**7:06**	3.5	**5:51**	6.0	**12:15**	1.1	**11:00 AM**	2.9	5:15	7:30	
27	Tue	**8:43**	3.8	**6:45**	6.2	**1:17**	0.5	**12:12**	3.3	5:16	7:29	
28	Wed	**9:46**	4.2	**7:42**	6.5	**2:14**	-0.1	**1:23**	3.4	5:16	7:28	
29	Thu	**10:33**	4.5	**8:38**	6.8	**3:06**	-0.6	**2:27**	3.4	5:17	7:27	
30	Fri	**11:13**	4.7	**9:34**	7.0	**3:54**	-1.1	**3:24**	3.1	5:18	7:26	
31	Sat	**11:51**	4.9	**10:28**	7.1	**4:41**	-1.3	**4:18**	2.8	5:19	7:25	