US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1784

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:28	5.2	5:25	-1.4	5:13	2.4	5:20	7:24	
2	Mon			1:04	5.4	6:08	-1.2	6:08	2.0	5:21	7:23	
3	Tue	12:16	6.6	1:41	5.7	6:49	-0.8	7:06	1.7	5:22	7:22	
4	Wed	1:12	6.0	2:19	5.9	7:30	-0.2	8:07	1.4	5:22	7:21	
5	Thu	2:12	5.4	2:58	6.1	8:11	0.5	9:12	1.1	5:23	7:20	
6	Fri	3:21	4.7	3:40	6.2	8:56	1.4	10:23	0.9	5:24	7:19	
7	Sat	4:44	4.2	4:27	6.2	9:46	2.2	11:37	0.7	5:25	7:18	
8	Sun	6:24	4.0	5:19	6.1	10:49	2.8			5:26	7:17	
9	Mon	8:01	4.1	6:17	6.1	12:49	0.5	12:04	3.2	5:27	7:16	
10	Tue	9:12	4.4	7:16	6.0	1:54	0.2	1:19	3.4	5:28	7:14	
11	Wed	10:03	4.7	8:11	6.1	2:48	0.0	2:21	3.3	5:28	7:13	
12	Thu	10:43	4.8	8:59	6.1	3:34	-0.1	3:12	3.2	5:29	7:12	
13	Fri	11:18	4.9	9:43	6.1	4:13	-0.2	3:55	3.0	5:30	7:11	
14	Sat	11:48	4.9	10:23	6.0	4:46	-0.2	4:33	2.8	5:31	7:10	
15	Sun			12:13	4.9	5:16	-0.1	5:09	2.6	5:32	7:08	
16	Mon			12:37	5.0	5:44	0.0	5:44	2.3	5:33	7:07	
17	Tue			12:59	5.1	6:09	0.2	6:20	2.1	5:34	7:06	
18	Wed	12:15	5.4	1:21	5.2	6:35	0.5	6:57	1.9	5:35	7:04	
19	Thu	12:55	5.1	1:45	5.4	7:01	1.0	7:37	1.7	5:35	7:03	
20	Fri	1:40	4.7	2:12	5.5	7:29	1.4	8:23	1.5	5:36	7:02	
21	Sat	2:32	4.3	2:43	5.6	7:59	2.0	9:16	1.3	5:37	7:00	
22	Sun	3:42	3.9	3:21	5.7	8:34	2.6	10:19	1.1	5:38	6:59	
23	Mon	5:18	3.7	4:09	5.8	9:20	3.1	11:32	0.8	5:39	6:58	
24	Tue	7:12	3.8	5:10	5.9	10:32	3.5			5:40	6:56	
25	Wed	8:32	4.1	6:19	6.1	12:44	0.4	12:03	3.6	5:41	6:55	
26	Thu	9:21	4.4	7:26	6.4	1:48	-0.1	1:22	3.4	5:42	6:53	
27	Fri	10:00	4.7	8:29	6.6	2:43	-0.5	2:24	3.0	5:42	6:52	
28	Sat	10:35	5.0	9:27	6.8	3:31	-0.8	3:20	2.5	5:43	6:50	
29	Sun	11:09	5.3	10:23	6.7	4:15	-0.9	4:12	2.0	5:44	6:49	
30	Mon	11:43	5.6	11:18	6.5	4:56	-0.7	5:04	1.4	5:45	6:48	
31	Tue			12:17	5.9	5:36	-0.4	5:56	1.0	5:46	6:46	