US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1786

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:02	4.8	11:27 AM	6.4	5:27	3.0	6:23	-1.1	7:32	5:09	
2	Mon	1:37	4.9	12:11	6.3	6:12	2.9	7:00	-1.0	7:33	5:10	
3	Tue	2:11	5.1	12:58	5.9	7:02	2.6	7:39	-0.7	7:33	5:10	
4	Wed	2:47	5.3	1:50	5.4	7:59	2.4	8:19	-0.2	7:33	5:11	
5	Thu	3:25	5.5	2:52	4.8	9:03	2.0	9:02	0.4	7:33	5:12	
6	Fri	4:05	5.7	4:09	4.2	10:16	1.6	9:50	1.2	7:33	5:13	
7	Sat	4:50	6.0	5:45	3.8	11:33	1.1	10:45	1.9	7:33	5:14	
8	Sun	5:39	6.2	7:28	3.8			12:47	0.5	7:32	5:15	
9	Mon	6:32	6.4	8:55	4.1			1:52	-0.1	7:32	5:16	
10	Tue	7:27	6.6	10:00	4.5	1:00	2.9	2:49	-0.6	7:32	5:17	
11	Wed	8:21	6.7	10:52	4.8	2:08	3.1	3:40	-0.9	7:32	5:18	
12	Thu	9:14	6.8	11:37	5.0	3:09	3.1	4:26	-1.1	7:32	5:19	
13	Fri	10:03	6.7			4:04	3.0	5:08	-1.1	7:31	5:20	
14	Sat	12:17	5.1	10:50 AM	6.5	4:54	2.8	5:47	-1.0	7:31	5:21	
15	Sun	12:55	5.2	11:35 AM	6.3	5:42	2.6	6:24	-0.8	7:31	5:22	
16	Mon	1:29	5.2	12:17	5.9	6:29	2.5	6:58	-0.5	7:30	5:23	
17	Tue	2:02	5.2	1:00	5.4	7:15	2.3	7:32	0.0	7:30	5:24	
18	Wed	2:33	5.2	1:43	4.9	8:04	2.2	8:04	0.5	7:30	5:25	
19	Thu	3:03	5.3	2:32	4.4	8:56	2.0	8:37	1.1	7:29	5:26	
20	Fri	3:34	5.3	3:32	3.9	9:55	1.9	9:12	1.7	7:29	5:27	
21	Sat	4:08	5.4	4:53	3.5	11:00	1.7	9:53	2.3	7:28	5:28	
22	Sun	4:48	5.4	6:47	3.4			12:08	1.3	7:28	5:29	
23	Mon	5:35	5.5	8:35	3.6			1:11	1.0	7:27	5:31	
24	Tue	6:27	5.6	9:37	3.9	12:01	3.2	2:05	0.5	7:26	5:32	
25	Wed	7:20	5.8	10:18	4.2	1:15	3.4	2:51	0.1	7:26	5:33	
26	Thu	8:11	6.0	10:51	4.4	2:14	3.4	3:32	-0.3	7:25	5:34	
27	Fri	9:00	6.2	11:22	4.6	3:03	3.2	4:10	-0.7	7:24	5:35	
28	Sat	9:46	6.4	11:53	4.8	3:47	3.0	4:47	-0.9	7:23	5:36	
29	Sun	10:32	6.5			4:29	2.7	5:22	-1.0	7:23	5:37	
30	Mon	12:23	5.0	11:18 AM	6.4	5:13	2.4	5:58	-1.0	7:22	5:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	**12:54**	5.3	**12:05**	6.2	**6:00**	2.0	**6:34**	-0.7	7:21	5:39	●