US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1786

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:06	5.7	12:04	5.8	5:46	0.8	6:03	0.0	6:47	6:10	
2	Thu	12:39	6.0	12:59	5.5	6:35	0.3	6:42	0.6	6:46	6:11	
3	Fri	1:14	6.2	1:59	5.0	7:27	0.0	7:22	1.3	6:44	6:12	
4	Sat	1:52	6.3	3:06	4.5	8:24	-0.1	8:07	1.9	6:43	6:13	
5	Sun	2:37	6.3	4:27	4.1	9:28	-0.1	9:01	2.5	6:41	6:14	
6	Mon	3:29	6.1	6:02	4.0	10:42	0.0	10:14	3.0	6:40	6:15	
7	Tue	4:32	5.9	7:30	4.2			12:01	0.0	6:38	6:16	
8	Wed	5:45	5.7	8:34	4.5			1:15	-0.1	6:37	6:17	
9	Thu	6:59	5.6	9:22	4.8	1:11	2.9	2:16	-0.2	6:36	6:18	
10	Fri	8:05	5.6	10:01	5.0	2:17	2.6	3:05	-0.2	6:34	6:19	
11	Sat	9:02	5.6	10:35	5.1	3:10	2.2	3:45	-0.2	6:33	6:20	
12	Sun	9:52	5.5	11:04	5.2	3:56	1.8	4:20	0.0	6:31	6:21	
13	Mon	10:38	5.3	11:30	5.3	4:36	1.4	4:51	0.3	6:30	6:22	
14	Tue	11:20	5.1	11:54	5.3	5:14	1.1	5:20	0.6	6:28	6:23	
15	Wed			12:02	4.9	5:49	0.8	5:48	1.0	6:27	6:24	
16	Thu	12:16	5.4	12:43	4.7	6:23	0.6	6:16	1.4	6:25	6:25	
17	Fri	12:39	5.5	1:26	4.4	6:57	0.5	6:44	1.8	6:23	6:26	
18	Sat	1:03	5.5	2:13	4.1	7:34	0.4	7:13	2.3	6:22	6:27	
19	Sun	1:32	5.4	3:08	3.9	8:15	0.5	7:45	2.7	6:20	6:28	
20	Mon	2:06	5.3	4:18	3.7	9:04	0.5	8:24	3.0	6:19	6:28	
21	Tue	2:49	5.2	5:49	3.6	10:03	0.5	9:23	3.3	6:17	6:29	
22	Wed	3:44	5.1	7:15	3.8	11:12	0.5	10:59	3.4	6:16	6:30	
23	Thu	4:52	5.0	8:08	4.0			12:21	0.3	6:14	6:31	
24	Fri	6:06	5.0	8:44	4.3	12:29	3.2	1:20	0.1	6:13	6:32	
25	Sat	7:15	5.2	9:14	4.6	1:33	2.8	2:09	-0.1	6:11	6:33	
26	Sun	8:18	5.4	9:44	4.9	2:25	2.2	2:53	-0.2	6:10	6:34	
27	Mon	9:17	5.5	10:14	5.3	3:12	1.5	3:33	-0.1	6:08	6:35	
28	Tue	10:14	5.5	10:45	5.7	3:57	0.8	4:12	0.1	6:07	6:36	
29	Wed	11:10	5.5	11:18	6.1	4:44	0.1	4:52	0.5	6:05	6:37	
30	Thu			12:07	5.3	5:31	-0.5	5:32	1.0	6:04	6:38	
31	Fri			1:05	5.1	6:20	-0.9	6:14	1.5	6:02	6:38	