US HARBORS www.USHarbors.com

Alcatraz Island, CA - May 1786

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:49	6.5	3:13	4.7	7:50	-1.4	7:44	2.8	5:19	7:07	
2	Tue	1:41	6.1	4:15	4.6	8:47	-1.1	8:55	2.9	5:18	7:08	
3	Wed	2:39	5.6	5:18	4.6	9:47	-0.7	10:18	2.8	5:17	7:08	
4	Thu	3:44	5.0	6:17	4.8	10:50	-0.3	11:41	2.5	5:16	7:09	
5	Fri	4:58	4.5	7:07	4.9	11:50	0.1			5:15	7:10	
6	Sat	6:16	4.2	7:49	5.1	12:52	2.1	12:45	0.5	5:14	7:11	
7	Sun	7:33	4.1	8:24	5.3	1:51	1.5	1:33	0.9	5:13	7:12	
8	Mon	8:41	4.0	8:54	5.4	2:40	1.0	2:16	1.2	5:12	7:13	
9	Tue	9:41	4.1	9:21	5.5	3:23	0.5	2:54	1.6	5:11	7:14	
10	Wed	10:34	4.1	9:47	5.6	4:00	0.1	3:30	2.0	5:10	7:15	
11	Thu	11:23	4.2	10:14	5.7	4:34	-0.2	4:05	2.4	5:09	7:16	
12	Fri			12:08	4.3	5:07	-0.4	4:39	2.6	5:08	7:17	
13	Sat			12:50	4.3	5:39	-0.6	5:13	2.8	5:07	7:17	
14	Sun			1:33	4.3	6:12	-0.7	5:48	3.0	5:06	7:18	
15	Mon			2:16	4.3	6:48	-0.7	6:26	3.1	5:05	7:19	
16	Tue	12:23	5.6	3:00	4.2	7:26	-0.7	7:09	3.2	5:04	7:20	
17	Wed	1:03	5.5	3:47	4.3	8:09	-0.7	8:01	3.2	5:04	7:21	
18	Thu	1:49	5.2	4:34	4.3	8:55	-0.5	9:07	3.1	5:03	7:22	
19	Fri	2:42	4.9	5:19	4.5	9:45	-0.3	10:26	2.9	5:02	7:23	
20	Sat	3:48	4.6	6:01	4.8	10:37	-0.1	11:43	2.3	5:01	7:23	
21	Sun	5:06	4.3	6:41	5.1	11:31	0.3			5:01	7:24	
22	Mon	6:32	4.1	7:20	5.6	12:49	1.6	12:25	0.7	5:00	7:25	
23	Tue	7:56	4.1	7:58	6.0	1:46	0.8	1:17	1.2	4:59	7:26	
24	Wed	9:12	4.2	8:38	6.4	2:39	-0.1	2:08	1.7	4:59	7:27	
25	Thu	10:20	4.4	9:20	6.7	3:28	-0.8	2:59	2.1	4:58	7:27	
26	Fri	11:21	4.6	10:05	6.9	4:17	-1.4	3:50	2.4	4:58	7:28	
27	Sat			12:18	4.8	5:06	-1.7	4:42	2.6	4:57	7:29	
28	Sun			1:12	4.9	5:55	-1.8	5:36	2.8	4:57	7:30	
29	Mon			2:05	4.9	6:44	-1.7	6:33	2.8	4:56	7:30	
30	Tue	12:30	6.4	2:56	4.9	7:33	-1.5	7:35	2.8	4:56	7:31	
31	Wed	1:22	6.0	3:47	4.9	8:23	-1.1	8:43	2.8	4:55	7:32	