US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1786

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**4:44**	3.7	**4:31**	5.5	**9:45**	2.4	**11:46**	1.4	5:19	7:25	
2	Wed	**6:28**	3.6	**5:18**	5.6	**10:41**	3.0			5:20	7:24	
3	Thu	**8:13**	3.7	**6:10**	5.7	**12:50**	1.1	**11:53 AM**	3.3	5:21	7:23	
4	Fri	**9:19**	4.0	**7:04**	5.8	**1:47**	0.7	**1:04**	3.4	5:22	7:22	
5	Sat	**10:02**	4.3	**7:56**	6.0	**2:36**	0.4	**2:03**	3.4	5:23	7:21	
6	Sun	**10:35**	4.5	**8:45**	6.2	**3:18**	0.0	**2:51**	3.3	5:24	7:20	
7	Mon	**11:06**	4.6	**9:31**	6.3	**3:56**	-0.3	**3:33**	3.0	5:25	7:18	
8	Tue	**11:34**	4.8	**10:15**	6.4	**4:31**	-0.5	**4:14**	2.8	5:25	7:17	
9	Wed			**12:03**	5.0	**5:05**	-0.6	**4:55**	2.4	5:26	7:16	
10	Thu			**12:32**	5.2	**5:38**	-0.5	**5:39**	2.1	5:27	7:15	
11	Fri			**1:02**	5.5	**6:12**	-0.3	**6:26**	1.7	5:28	7:14	
12	Sat	**12:35**	5.8	**1:34**	5.8	**6:48**	0.1	**7:16**	1.4	5:29	7:13	
13	Sun	**1:29**	5.4	**2:08**	6.0	**7:25**	0.6	**8:12**	1.1	5:30	7:11	
14	Mon	**2:30**	4.9	**2:47**	6.2	**8:05**	1.3	**9:14**	0.8	5:31	7:10	
15	Tue	**3:43**	4.4	**3:32**	6.3	**8:50**	2.0	**10:25**	0.6	5:32	7:09	
16	Wed	**5:14**	4.0	**4:26**	6.4	**9:46**	2.6	**11:43**	0.4	5:32	7:08	
17	Thu	**6:54**	4.1	**5:29**	6.4	**10:59**	3.1			5:33	7:06	
18	Fri	**8:17**	4.3	**6:36**	6.4	**12:57**	0.1	**12:23**	3.2	5:34	7:05	
19	Sat	**9:16**	4.6	**7:41**	6.4	**2:02**	-0.2	**1:38**	3.1	5:35	7:04	
20	Sun	**10:02**	4.9	**8:41**	6.5	**2:57**	-0.4	**2:40**	2.8	5:36	7:02	
21	Mon	**10:42**	5.1	**9:35**	6.4	**3:43**	-0.5	**3:34**	2.5	5:37	7:01	
22	Tue	**11:18**	5.3	**10:24**	6.3	**4:24**	-0.4	**4:22**	2.2	5:38	7:00	
23	Wed	**11:51**	5.4	**11:10**	6.0	**5:01**	-0.3	**5:07**	1.9	5:39	6:58	
24	Thu			**12:21**	5.5	**5:35**	0.0	**5:50**	1.7	5:39	6:57	
25	Fri			**12:49**	5.5	**6:07**	0.4	**6:31**	1.5	5:40	6:55	
26	Sat	**12:38**	5.3	**1:16**	5.6	**6:38**	0.9	**7:13**	1.3	5:41	6:54	
27	Sun	**1:24**	4.9	**1:42**	5.6	**7:09**	1.5	**7:56**	1.3	5:42	6:53	
28	Mon	**2:13**	4.5	**2:11**	5.6	**7:41**	2.0	**8:43**	1.2	5:43	6:51	
29	Tue	**3:11**	4.1	**2:45**	5.5	**8:15**	2.5	**9:37**	1.2	5:44	6:50	
30	Wed	**4:26**	3.9	**3:27**	5.4	**8:57**	3.0	**10:42**	1.2	5:45	6:48	
31	Thu	**6:07**	3.8	**4:20**	5.4	**9:58**	3.4	**11:54**	1.1	5:45	6:47	